

**Provisional Results for AAA Men in finish order.**

Place	Time	Name	Team	Race Age Category	Chip Time	Race No	Race Place
1	0:29:18	CHINHANHU, Williard	Poole Runners	Senior Men		11	1
2	0:29:26	MAYS, Jermaine	Kent AC	Senior Men		13	2
3	0:29:29	THOMPSON, Gavin	Crawley AC	Senior Men		15	3
4	0:29:32	GEELE, Moumin	Newham & Essex Beagles	Senior Men		22	4
5	0:29:44	LILLY, Josh	Severn AC	Senior Men		23	5
6	0:29:45	HEPPLES, Steve	Newham & Essex Beagles	NDB		35	6
7	0:29:45	MITCHINSON, Dave	Newham & Essex Beagles	Senior Men		14	7
8	0:29:46	JONES, Simon	Belgrave Harriers	Senior Men		313	8
9	0:29:48	DEED, Darren	Bedford & County AC	Senior Men		63	9
10	0:29:51	SHARP, Stephen	Belgrave Harriers	Senior Men		65	10
11	0:30:00	MOREAU, Ben	Aldershot Farnham & District AC	Senior Men		64	11
12	0:30:05	FORD, Anthony	Blackpool Wyre & Fylde AC	Senior Men		33	12
13	0:30:11	JOHNSON, Michael	Cardiff AAC	Senior Men		44	14
14	0:30:11	FISH, Ben	Blackburn Harriers	Senior Men		32	15
15	0:30:13	BOWSER, Matthew	Lincoln Wellington AC	NDB		31	16
16	0:30:15	BLACKLEDGE, Jonathan	Belgrave Harriers	Senior Men		61	17
17	0:30:17	DAVIES, Christopher	Telford AC	Senior Men		41	18
18	0:30:17	KYEREME, Kojo	Shaftesbury Barnet Harriers	NDB		176	19
19	0:30:17	PLUMMER, Simon	Woodford Green/Essex Ladies	Senior Men		54	20
20	0:30:22	RUSSELL, Robert	Central AC	Senior Men		55	21
21	0:30:26	MELLOR, Jonathan	Liverpool Harriers	NDB		36	22
22	0:30:28	SALMON, Tommy	City of Norwich AC	Senior Men		166	23
23	0:30:29	REES-JONES, Steve	Basingstoke & Mid Hants AC	Senior Men		124	24
24	0:30:32	JANES, Matthew	Bedford & County AC	Senior Men		1024	25
25	0:30:35	GERRARD, Keith	Newham & Essex Beagles	Senior Men		34	27
26	0:30:40	HOBBS, Marc	Swansea Harriers	Senior Men		43	28
27	0:30:42	SKINNER, Kevin	Newham & Essex Beagles	Senior Men		66	29
28	0:30:43	ATKINSON, Jamie	Blackheath & Bromley H AC	Senior Men		320	30
29	0:30:44	POWELL, Mark	OWLS AC Leicester	Senior Men		24	31
30	0:30:46	DALTON, Tim	Severn AC	Senior Men		21	32
31	0:30:48	WHITEHOUSE, Martin	Notts AC	Senior Men		25	33
32	0:30:53	KELLY, James	Belgrave Harriers	Senior Men		173	34
33	0:31:02	BLUNDEN, Matt	Notts AC	Senior Men		455	35
34	0:31:08	WILLIAMS, Craig	Aldershot Farnham & District AC	Senior Men		125	36
35	0:31:10	GOOSE, Mitch	City of Norwich AC	Senior Men		162	37
36	0:31:18	MORGAN-LEE, Andy	Southampton RC	Senior Men		123	38
37	0:31:21	MATTHEWS, Owain	Bedford & County AC	Senior Men		308	39
38	0:31:24	BLOOMFIELD, Crispin	Billericay Striders	Senior Men		111	40
39	0:31:26	MACKAY, Christopher	Greenock Glenpark Harriers	Senior Men		53	41
40	0:31:31	SUMPTER, James	Thames Valley Harriers	Senior Men		155	42
41	0:31:33	GILROY, Robert	Ron Hill Cambuslang Harriers	Senior Men		52	43
42	0:31:37	BAKER, James	Chichester Runners & AC	Senior Men		342	44
43	0:31:44	DODWELL, Henry	Highgate Harriers	Senior Men		418	45
44	0:31:45	WILLS, John	Bristol & West AC	Senior Men		1074	46
45	0:31:47	SMITH, Sullivan	Swansea Harriers	Senior Men		46	47
46	0:31:49	THORNTON, Gary	Kent AC	Senior Men		16	48
47	0:32:06	TUCKER, Peter	Blackheath & Bromley H AC	Senior Men		135	52
48	0:32:23	FARAH, Samatar	Newham & Essex Beagles	Senior Men		452	55
49	0:32:25	GURMIN, Daniel	Swansea Harriers	Senior Men		42	56
50	0:32:30	HARRELL, Ashley	City of Norwich AC	Senior Men		163	57
51	0:32:31	NEWTON, Keith	Herne Hill Harriers	Vet Men 40-49		417	58
52	0:32:32	DUNWOODY, Andrew	Kent AC	Senior Men		133	59
53	0:32:34	THOMSON, Christopher	Brighton & Hove City AC	Senior Men		335	60
54	0:32:35	CLARK, Will	Epsom & Ewell Harriers	Senior Men		391	61
55	0:32:35	PAVIOUR, Ben	Herne Hill Harriers	Senior Men		175	62
56	0:32:36	LINCOLN, Wayne	City of Norwich AC	Vet Men 40-49		165	63

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Place	Time	Name	Team	Race Age Category	Chip Time	Race No	Race Place
57	0:32:41	O'BRIEN, Ed	Worthing Striders	Senior Men		620	64
58	0:32:43	MUIR, Malcolm	Ilford AC	Senior Men		115	65
59	0:32:45	MOLYNEUX, Paul	Springfield Striders	Senior Men		114	66
60	0:32:46	BRANFOOT, David	Southampton RC	Senior Men		523	67
61	0:32:48	GREGORY, Paul	Vale of Aylesbury AC	Vet Men 50-59		102	68
62	0:32:59	BOUCHER, Mike	Aldershot Farnham & District AC	Senior Men		151	69
63	0:33:01	CHANDLER, Gary	Springfield Striders	Senior Men		112	70
64	0:33:03	SPEED, Harvey	Coventry Godiva Harriers	Senior Men		195	71
65	0:33:05	GATES, Nigel	Brighton & Hove City AC	Vet Men 50-59		331	72
66	0:33:13	BATCHELOR, Richard	Aldershot Farnham & District AC	Senior Men		121	74
67	0:33:21	ELLERBY, Stuart	Chiltern Harriers	Senior Men		101	77
68	0:33:23	PROUT, Ryan	Thrift Green Trotters	Senior Men		116	78
69	0:33:24	KENNY, Ryan	Coventry Godiva Harriers	Senior Men		193	80
70	0:33:28	DAVISON, Neil	City of Norwich AC	Senior Men		161	83
71	0:33:31	DONNO, Andrew	Brighton & Hove City AC	Senior Men		326	84
72	0:33:32	BUIS, Nick	Southampton RC	Senior Men		524	85
73	0:33:39	McLOUGHLIN, Stephen		Vet Men 40-49	0:33:37	853	86
74	0:33:50	RIGBY, Sam	London Irish AC	Senior Men		445	89
75	0:33:52	PRIMAS, Christian	Thames Valley Harriers	Senior Men		156	90
76	0:33:58	HIBBERD, Matt	Southampton RC	Senior Men		526	92
77	0:34:02	CUNNINGHAM, Jeff	Herne Hill Harriers	Senior Men		1087	95
78	0:34:07	HUNTER, Trevor	Handy Cross Runners	Senior Men		103	97
79	0:34:11	BLACKMAN, Dave	Southampton RC	Vet Men 40-49	0:34:11	1056	100
80	0:34:21	ARMITAGE, Luke	Kent AC	Vet Men 40-49	0:34:21	429	106
81	0:34:25	O'GORMAN, Eddie	Chiltern Harriers	Senior Men		106	107
82	0:34:25	PRZEDRZYMIERSKI, Adam	Hercules Wimbledon AC	Senior Men		413	108
83	0:34:35	HAWKINS, Timothy	Yeovil Town RRC	Senior Men		623	110
84	0:34:42	GREATOREX, Lee	Belgrave Harriers	Senior Men		310	113
85	0:34:46	MUNN, Richard	Kent AC	Senior Men		134	115
86	0:35:01	GROSE, Tim	Victoria Park & Tower Hamlets AC	Vet Men 40-49	0:35:01	586	117
87	0:35:05	MILES, James	Phoenix AC	Senior Men	0:35:05	465	120
88	0:35:06	NORRIS, Steve	Thames Valley Harriers	Senior Men		153	121
89	0:35:08	FROUD, Paul	Brighton & Hove City AC	Vet Men 40-49		330	122
90	0:35:14	WALKER, Andrew	Reigate Priory AC	Senior Men		496	123
91	0:35:15	WOODTHORPE, Tim	Notts AC	Senior Men		458	125
92	0:35:20	CREANE, John	London Irish AC	Senior Men		444	128
93	0:35:52	BURDEN, Phil		Senior Men	0:35:51	679	136
94	0:35:55	LAWSON, Simon	Cardiff AAC	Senior Men		45	137
95	0:35:56	THAYRE, Gary	Phoenix AC	Vet Men 40-49		466	138
96	0:36:04	BRISTOW, John	Brighton & Hove City AC	Vet Men 40-49		323	140
97	0:36:14	SMITH, Chris	Thames Valley Harriers	Senior Men		154	143
98	0:36:21	BRACHER, Matthew	Southampton RC	Senior Men		522	145
99	0:36:27	JONES, Gareth	Oxford City AC	Vet Men 60-69	0:36:26	460	147
100	0:36:29	WRIGHT, Gary	Chichester Runners & AC	Vet Men 40-49		372	148
101	0:36:32	DORNING, David	Chichester Runners & AC	Vet Men 50-59	0:36:29	348	149
102	0:36:40	BRISTOW, Matthew	Brighton & Hove City AC	Senior Men	0:36:39	324	153
103	0:36:55	WEST, Martyn	Southampton RC	Vet Men 50-59	0:36:54	532	165
104	0:37:05	KINCAID, Liam		Senior Men		194	168
105	0:37:09	HUDSPITH, Michael		NDB		192	171
106	0:37:21	ARNOLD, Dave	Vegan Runners UK	Vet Men 40-49	0:37:20	581	176
107	0:37:26	DAVIES, Steve	Swansea Harriers	Senior Men		1070	177
108	0:37:38	MORIARTY, Philip	Reigate Priory AC	Senior Men	0:37:33	492	179
109	0:38:12	PROUD, David	Lingfield RC	Vet Men 40-49	0:38:09	438	194
110	0:38:35	FREEMAN, Derek		Senior Men	0:38:28	750	209
111	0:38:37	TAYLOR, Keith	Southampton RC	Vet Men 50-59	0:38:36	531	211
112	0:38:45	PAYNE, Andy	Arena 80 AC	Vet Men 40-49		300	213
113	0:38:52	HAINES, Andrew		Vet Men 40-49	0:38:50	766	215
114	0:39:14	THOMAS, Ian	Reigate Priory AC	Vet Men 40-49	0:39:07	495	225
115	0:39:20	JOHNSON, Simon	Portsmouth Triathletes	Senior Men	0:39:17	482	227
116	0:39:33	REEVES, Kevin	Denmead Striders	Vet Men 40-49	0:39:29	384	233

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Chip Time</i>	<i>Race No</i>	<i>Race Place</i>
117	0:39:54	MORGAN, John	Vegan Runners UK	Senior Men	0:39:49	584	246
118	0:40:15	WILLIAMS, Russell	Cambridge Harriers	Vet Men 60-69		339	254
119	0:40:25	WHITE, Gary	Poole Runners	Vet Men 50-59	0:40:24	467	259
120	0:40:56	BAMPFYLDE, Simon	Serpentine RC	Senior Men	0:40:43	1055	269
121	0:40:58	SKINGLEY, Ian	Reigate Priory AC	Vet Men 40-49	0:40:45	494	271
122	0:41:03	ERSKINE-THOMAS, Evan	Dorking & Mole Valley AC	Senior Men	0:41:00	385	272
123	0:41:04	CROSS, Peter	Belgrave Harriers	Vet Men 50-59	0:40:56	309	277
124	0:41:20	LAWRENCE, Gavin	Reigate Priory AC	Senior Men	0:41:14	490	284
125	0:41:23	CRUMPTON, Tim	Stubbington Green R & AC	Vet Men 50-59	0:41:19	541	285
126	0:41:30	KEPPEL, Oliver	Southampton RC	Senior Men		528	287
127	0:42:10	BENNETT, Jim	Southampton RC	Senior Men	0:42:00	521	310
128	0:42:21	SWEENEY, Mark		Vet Men 50-59	0:42:10	1020	314
129	0:42:23	GLANVILLE, Edward		Senior Men	0:42:01	757	316
130	0:42:34	SUSSMAN, David	Brighton & Hove City AC	Vet Men 50-59	0:42:24	333	321
131	0:42:38	AVEY, Terry	Phoenix AC	Vet Men 50-59	0:42:29	461	325
132	0:42:44	CHAPMAN, Andrew	Brighton & Hove City AC	Senior Men	0:42:42	325	329
133	0:43:43	BAILEY, Richard	Victory AC	Senior Men	0:43:42	589	368
134	0:44:17	SWETMAN, Alan	Horsham Joggers	Vet Men 50-59	0:44:10	428	391
135	0:44:26	LEE, Christopher	Horsham Blue Star Harriers	Vet Men 40-49	0:44:14	420	397
136	0:44:36	BLEWETT, Steve	Hart Road Runners	Vet Men 40-49	0:44:30	407	401
137	0:44:46	FOORD, Roger	Brighton & Hove City AC	Vet Men 40-49	0:44:38	328	409
138	0:45:03	JAMES, Nick	Fittleworth Flyers	Vet Men 50-59	0:44:45	1029	422
139	0:45:44	WILLARD, Adrian	Tuff Fitty Tri Club	Senior Men	0:45:34	579	440
140	0:48:14	LEWIS, Ray	City of Portsmouth AC	Vet Men 60-69	0:47:53	376	528
141	0:49:09	TAYLOR, Mark		Vet Men 40-49	0:48:35	957	569
142	0:49:22	DAWSON, Alan	Reigate Priory AC	Vet Men 50-59	0:48:58	488	584
143	0:50:11	WEBB, Roy	Tone Zone Runners	Vet Men 70+	0:49:57	569	613
144	0:50:59	BONE, Michael	Worthing Striders	Vet Men 60-69	0:50:41	614	652
145	0:52:02	ADAMS, Nigel		Vet Men 60-69	0:51:44	646	693
146	0:52:06	EVENDEN, Robin	Fittleworth Flyers	Vet Men 60-69	0:51:46	396	697
147	0:52:28	WILSON, Hamish	Reigate Priory AC	Vet Men 50-59	0:51:49	497	704
148	0:52:32	CAREY, Moray	Reigate Priory AC	Vet Men 50-59	0:51:52	486	709
149	0:53:02	HOULISTON, Austin	Worthing Striders	Vet Men 40-49	0:52:56	617	729
150	0:53:08	PARROTT, Christopher	Dorking & Mole Valley AC	Senior Men	0:52:46	386	733
151	0:54:31	HILL, Michael	Windsor Slough Eton & Hounslow AC	Vet Men 50-59	0:54:28	608	764
152	0:55:26	DEE, Michael	Henfield Joggers	Vet Men 60-69	0:55:06	411	792
153	0:56:56	LINDRIDGE, Mike		Senior Men	0:56:31	644	851
154	0:58:30	FOORD, Hugh	Brighton & Hove City AC		0:57:59	327	891

There were 154 finishers in the AAA Men category.