

**Race Directors' Prize Presentation List**

**All Competitors**

| <i>Place</i> | <i>Time</i> | <i>Name</i>      | <i>Team</i>             | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|------------------|-------------------------|--------------------------|----------------|-------------------|
| 1            | 0:49:33     | SLY, Phill       | Thames Hare & Hounds    | Senior Men               | 2570           | 1                 |
| 2            | 0:51:22     | McFARLANE, John  | Thames Hare & Hounds    | Senior Men               | 2557           | 2                 |
| 3            | 0:52:14     | MAJOR, Stuart    | Newham & Essex Beagles  | Senior Men               | 2226           | 3                 |
| 4            | 0:52:21     | DOYLE, Paul      | Ranelagh Harriers       | Senior Men               | 2240           | 4                 |
| 5            | 0:52:41     | HEGVOLD, Knut    | Belgrave                | Vet Men (40-44)          | 2516           | 5                 |
| 6            | 0:52:46     | KARUE, John      | Come UK                 | Senior Men               | 2568           | 6                 |
| 7            | 0:52:47     | BERG, Tyrone     | Mornington Chasers      | Senior Men               | 2030           | 7                 |
| 8            | 0:53:13     | GITAU, David     | Come UK                 | Senior Men               | 2572           | 8                 |
| 9            | 0:53:37     | BOYLE, Michael   | Herne Hill Harriers     | Vet Men (40-44)          | 2507           | 9                 |
| 10           | 0:54:06     | COPESTICK, Robin | Walton                  | Senior Men               | 2290           | 10                |
| 11           | 0:54:18     | GREGORY, Paul    | Vale of Aylesbury AC    | Vet Men (45-49)          | 2182           | 11                |
| 12           | 0:55:03     | PAVIOUR, Ben     | Serpentine Running Club | Senior Men               | 1302           | 12                |
| 13           | 0:55:12     | HOLT, Andrew     | Garden City Runners     | Vet Men (40-44)          | 1709           | 13                |
| 14           | 0:55:47     | BARRETT, Simon   | Serpentine Running Club | Senior Men               | 1282           | 14                |
| 15           | 0:56:03     | HALL, David      | Dartford Road Runners   | Senior Men               | 1766           | 15                |
| 16           | 0:56:06     | KITCHING, Ian    | South London Harriers   | Vet Men (50-59)          | 2486           | 16                |
| 17           | 0:56:13     | SIRS, Nick       | Exeter Harriers         | Vet Men (45-49)          | 2461           | 17                |
| 18           | 0:56:18     | LANE, Mick       | Ranelagh Harriers       | Vet Men (40-44)          | 2445           | 18                |
| 19           | 0:56:28     | GODBER, James    | Dulwich Runners         | Senior Men               | 2284           | 19                |
| 20           | 0:56:28     | McGREGOR, David  | Serpentine Running Club | Vet Men (45-49)          | 1057           | 20                |

*There were 20 prize winners in the All Competitors category.*

**Senior Men**

| <i>Place</i> | <i>Time</i> | <i>Name</i>      | <i>Team</i>             | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|------------------|-------------------------|--------------------------|----------------|-------------------|
| 1            | 0:49:33     | SLY, Phill       | Thames Hare & Hounds    | Senior Men               | 2570           | 1                 |
| 2            | 0:51:22     | McFARLANE, John  | Thames Hare & Hounds    | Senior Men               | 2557           | 2                 |
| 3            | 0:52:14     | MAJOR, Stuart    | Newham & Essex Beagles  | Senior Men               | 2226           | 3                 |
| 4            | 0:52:21     | DOYLE, Paul      | Ranelagh Harriers       | Senior Men               | 2240           | 4                 |
| 5            | 0:52:46     | KARUE, John      | Come UK                 | Senior Men               | 2568           | 6                 |
| 6            | 0:52:47     | BERG, Tyrone     | Mornington Chasers      | Senior Men               | 2030           | 7                 |
| 7            | 0:53:13     | GITAU, David     | Come UK                 | Senior Men               | 2572           | 8                 |
| 8            | 0:54:06     | COPESTICK, Robin | Walton                  | Senior Men               | 2290           | 10                |
| 9            | 0:55:03     | PAVIOUR, Ben     | Serpentine Running Club | Senior Men               | 1302           | 12                |
| 10           | 0:55:47     | BARRETT, Simon   | Serpentine Running Club | Senior Men               | 1282           | 14                |
| 11           | 0:56:03     | HALL, David      | Dartford Road Runners   | Senior Men               | 1766           | 15                |
| 12           | 0:56:28     | GODBER, James    | Dulwich Runners         | Senior Men               | 2284           | 19                |

*There were 12 prize winners in the Senior Men category.*

**Vet Men (40-44)**

| <i>Place</i> | <i>Time</i> | <i>Name</i>        | <i>Team</i>             | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|--------------------|-------------------------|--------------------------|----------------|-------------------|
| 1            | 0:52:41     | HEGVOLD, Knut      | Belgrave                | Vet Men (40-44)          | 2516           | 5                 |
| 2            | 0:53:37     | BOYLE, Michael     | Herne Hill Harriers     | Vet Men (40-44)          | 2507           | 9                 |
| 3            | 0:55:12     | HOLT, Andrew       | Garden City Runners     | Vet Men (40-44)          | 1709           | 13                |
| 4            | 0:56:18     | LANE, Mick         | Ranelagh Harriers       | Vet Men (40-44)          | 2445           | 18                |
| 5            | 0:57:09     | TENNYSON, Mark     | Guildford & Godalming   | Vet Men (40-44)          | 1986           | 22                |
| 6            | 0:57:18     | BAILEY-WOOD, Colin | Dulwich Runners         | Vet Men (40-44)          | 1226           | 24                |
| 7            | 0:57:47     | DRISCOLL, Kelly    |                         | Vet Men (40-44)          | 1488           | 27                |
| 8            | 0:58:10     | GILES, Martin      | Sutton Runners          | Vet Men (40-44)          | 2346           | 32                |
| 9            | 0:58:33     | REILLY, Leonard    | Kent AC                 | Vet Men (40-44)          | 2146           | 36                |
| 10           | 0:58:39     | STAPLETON, Michael | Barnet & District AC    | Vet Men (40-44)          | 1958           | 38                |
| 11           | 0:58:52     | ABRAHA, Asmelash   | London Heathside        | Vet Men (40-44)          | 1937           | 41                |
| 12           | 1:00:49     | MAYNARD, Andrew    | Serpentine Running Club | Vet Men (40-44)          | 1284           | 57                |

*There were 12 prize winners in the Vet Men (40-44) category.*

**Race Directors' Prize Presentation List****Vet Men (45-49)**

| Place | Time    | Name                | Team                    | Race Age Category | Race No | Race Place |
|-------|---------|---------------------|-------------------------|-------------------|---------|------------|
| 1     | 0:54:18 | GREGORY, Paul       | Vale of Aylesbury AC    | Vet Men (45-49)   | 2182    | 11         |
| 2     | 0:56:13 | SIRS, Nick          | Exeter Harriers         | Vet Men (45-49)   | 2461    | 17         |
| 3     | 0:56:28 | McGREGOR, David     | Serpentine Running Club | Vet Men (45-49)   | 1057    | 20         |
| 4     | 0:57:37 | GODKIN, James       | Dulwich Runners         | Vet Men (45-49)   | 2509    | 26         |
| 5     | 0:58:13 | SMYTHE, Stephen     | Dulwich Runners         | Vet Men (45-49)   | 2504    | 33         |
| 6     | 0:58:57 | LOIZOU, Christopher | Dulwich Runners         | Vet Men (45-49)   | 2249    | 42         |
| 7     | 1:00:45 | SIMMONDS, Alan      | Bearbrook Joggers       | Vet Men (45-49)   | 2183    | 54         |
| 8     | 1:00:59 | PROTHERO, Robert    |                         | Vet Men (45-49)   | 1559    | 61         |
| 9     | 1:01:24 | SWAN, Charles       | London Heathside        | Vet Men (45-49)   | 1755    | 64         |
| 10    | 1:02:38 | GIBBONS, Alastair   |                         | Vet Men (45-49)   | 1629    | 84         |
| 11    | 1:03:06 | WILSON, Iain        |                         | Vet Men (45-49)   | 2247    | 89         |
| 12    | 1:03:13 | WILSON, Dave        | 26.2 Road Runners Club  | Vet Men (45-49)   | 2419    | 91         |

There were 12 prize winners in the Vet Men (45-49) category.

**Vet Men (50-59)**

| Place | Time    | Name            | Team                     | Race Age Category | Race No | Race Place |
|-------|---------|-----------------|--------------------------|-------------------|---------|------------|
| 1     | 0:56:06 | KITCHING, Ian   | South London Harriers    | Vet Men (50-59)   | 2486    | 16         |
| 2     | 1:01:28 | MANN, Michael   | Dulwich Runners          | Vet Men (50-59)   | 2499    | 66         |
| 3     | 1:02:35 | MANLY, Philip   | Winchester & District AC | Vet Men (50-59)   | 1690    | 81         |
| 4     | 1:03:17 | DONALD, Keith   | Thames Hare & Hounds     | Vet Men (50-59)   | 1628    | 93         |
| 5     | 1:03:24 | DYCKES, John    | British Airways          | Vet Men (50-59)   | 1098    | 96         |
| 6     | 1:03:51 | MARSH, Pete     | Dulwich Runners          | Vet Men (50-59)   | 2500    | 103        |
| 7     | 1:03:55 | TATAM, John     |                          | Vet Men (50-59)   | 1704    | 104        |
| 8     | 1:04:12 | BALL, Graham    | Wimbledon Windmilers     | Vet Men (50-59)   | 2049    | 106        |
| 9     | 1:04:35 | CURTIN, Anthony | Datchet Dashers          | Vet Men (50-59)   | 1429    | 112        |
| 10    | 1:05:03 | CLAPHAM, Jeremy | Dulwich Runners          | Vet Men (50-59)   | 2455    | 124        |
| 11    | 1:06:36 | MURRAY, Andy    | Dulwich Runners          | Vet Men (50-59)   | 1224    | 149        |
| 12    | 1:06:53 | DORAN, Nicholas | British Airways          | Vet Men (50-59)   | 1548    | 154        |

There were 12 prize winners in the Vet Men (50-59) category.

**Vet Men (60+)**

| Place | Time    | Name             | Team                 | Race Age Category | Race No | Race Place |
|-------|---------|------------------|----------------------|-------------------|---------|------------|
| 1     | 1:01:55 | BROWN, Pete      | West Four Harriers   | Vet Men (60+)     | 1153    | 71         |
| 2     | 1:03:14 | GILES, Peter     |                      | Vet Men (60+)     | 1736    | 92         |
| 3     | 1:05:11 | SCUDAMORE, Keith | Burnham Joggers      | Vet Men (60+)     | 1784    | 127        |
| 4     | 1:08:13 | SPENCER, Ian     | Datchet Dashers      | Vet Men (60+)     | 1881    | 184        |
| 5     | 1:11:17 | NAVIN, Michael   | Woking AC            | Vet Men (60+)     | 1916    | 257        |
| 6     | 1:13:32 | CASSERLEY, Tom   |                      | Vet Men (60+)     | 1959    | 311        |
| 7     | 1:16:45 | MARKS, Terry     | Ranelagh Harriers    | Vet Men (60+)     | 2118    | 420        |
| 8     | 1:16:49 | JEPP, Bryan      |                      | Vet Men (60+)     | 1980    | 422        |
| 9     | 1:17:21 | DORMON, Alan     |                      | Vet Men (60+)     | 2540    | 441        |
| 10    | 1:20:24 | JOHNSON, John    |                      | Vet Men (60+)     | 1274    | 549        |
| 11    | 1:24:58 | REDDIN, Mike     | Wimbledon Windmilers | Vet Men (60+)     | 1733    | 689        |
| 12    | 1:25:25 | SMITH, Derek     | Mornington Chasers   | Vet Men (60+)     | 1122    | 706        |

There were 12 prize winners in the Vet Men (60+) category.

**Senior Ladies**

| Place | Time    | Name                 | Team                         | Race Age Category | Race No | Race Place |
|-------|---------|----------------------|------------------------------|-------------------|---------|------------|
| 1     | 0:57:50 | YFF, Barbara         | Serpentine Running Club      | Senior Ladies     | 1061    | 29         |
| 2     | 0:58:14 | WATSON, Louise       | Stragglers                   | Senior Ladies     | 1975    | 34         |
| 3     | 0:58:17 | CROMBIE-HICKS, Shona | Bourton Road Runners         | Senior Ladies     | 2281    | 35         |
| 4     | 1:00:38 | WARNER, Naomi        | 26.2 Road Runners Club       | Senior Ladies     | 2410    | 53         |
| 5     | 1:01:42 | FELIX, Jamie         | Serpentine Running Club      | Senior Ladies     | 1554    | 69         |
| 6     | 1:02:02 | EVANS, Ester         | Highgate Harriers            | Senior Ladies     | 1598    | 73         |
| 7     | 1:02:37 | EVANS, Jeni          | Ealing, Southall & Middlesex | Senior Ladies     | 2506    | 83         |
| 8     | 1:04:05 | BUCKLEY, Anna        | Wimbledon Windmilers         | Senior Ladies     | 2204    | 105        |
| 9     | 1:04:46 | EAST, Charlotte      | Wimbledon Windmilers         | Senior Ladies     | 2426    | 114        |
| 10    | 1:04:51 | MACKENZIE, Alison    | South London Harriers        | Senior Ladies     | 1614    | 118        |
| 11    | 1:05:04 | PERRIER, Marie-Aline | Serpentine Running Club      | Senior Ladies     | 1070    | 125        |
| 12    | 1:05:12 | NICHOLSON, Clare     | Stragglers                   | Senior Ladies     | 1026    | 129        |

There were 12 prize winners in the Senior Ladies category.

**Race Directors' Prize Presentation List****Vet Ladies (35-39)**

| Place | Time    | Name               | Team                    | Race Age Category  | Race No | Race Place |
|-------|---------|--------------------|-------------------------|--------------------|---------|------------|
| 1     | 1:05:59 | MAJOR, Pippa       | South London Harriers   | Vet Ladies (35-39) | 2227    | 141        |
| 2     | 1:07:45 | PICKUP, Andrea     | Dulwich Runners         | Vet Ladies (35-39) | 2503    | 171        |
| 3     | 1:08:44 | OWEN, Caroline     |                         | Vet Ladies (35-39) | 1228    | 193        |
| 4     | 1:09:59 | HUNTLEY, Michelle  | Sandhurst Joggers       | Vet Ladies (35-39) | 1160    | 221        |
| 5     | 1:10:28 | MOSS, Jenny        | Datchet Dashers         | Vet Ladies (35-39) | 1721    | 235        |
| 6     | 1:10:30 | McHALE, Julia      | Runnymede Runners       | Vet Ladies (35-39) | 1750    | 237        |
| 7     | 1:11:15 | BRIGHTON, Susie    | Mornington Chasers      | Vet Ladies (35-39) | 1524    | 256        |
| 8     | 1:11:24 | DERRICK, Sara      | East London Triathletes | Vet Ladies (35-39) | 2201    | 262        |
| 9     | 1:11:45 | MARCHANT, Kate     | Beckenham R.C.          | Vet Ladies (35-39) | 2375    | 269        |
| 10    | 1:12:03 | STOWELL, Christine | Serpentine Running Club | Vet Ladies (35-39) | 1728    | 277        |
| 11    | 1:13:03 | SIDHWA, Ruki       | Dulwich Runners         | Vet Ladies (35-39) | 1350    | 303        |
| 12    | 1:13:52 | SUTHERLAND, Isabel | Wimbledon Windmilers    | Vet Ladies (35-39) | 1181    | 321        |

*There were 12 prize winners in the Vet Ladies (35-39) category.*

**Vet Ladies (40-44)**

| Place | Time    | Name                | Team                         | Race Age Category  | Race No | Race Place |
|-------|---------|---------------------|------------------------------|--------------------|---------|------------|
| 1     | 0:57:56 | FLETCHER, Alison    | Dulwich Runners              | Vet Ladies (40-44) | 2496    | 30         |
| 2     | 1:05:11 | WALDMAN, Louise     | London Heathside             | Vet Ladies (40-44) | 2047    | 128        |
| 3     | 1:05:25 | SMALE, Dee          | Stragglers                   | Vet Ladies (40-44) | 2563    | 133        |
| 4     | 1:05:49 | HARRISON, Susanna   | Woking AC                    | Vet Ladies (40-44) | 2385    | 138        |
| 5     | 1:10:52 | THOMAS, Patricia    | Ealing, Southall & Middlesex | Vet Ladies (40-44) | 2185    | 245        |
| 6     | 1:11:56 | COSTIFF, Christine  | South London Harriers        | Vet Ladies (40-44) | 2314    | 272        |
| 7     | 1:12:23 | JERSILD, Helle      | Runnymede Runners            | Vet Ladies (40-44) | 1595    | 285        |
| 8     | 1:12:41 | METCALF, Valerie    | Serpentine Running Club      | Vet Ladies (40-44) | 1278    | 289        |
| 9     | 1:13:38 | WYNGARD, Clare      | Dulwich Runners              | Vet Ladies (40-44) | 1327    | 314        |
| 10    | 1:14:15 | TOMASZCZYK, Barbara | London Heathside             | Vet Ladies (40-44) | 1787    | 336        |
| 11    | 1:14:51 | JACOBS, Margot      | Cranleigh Tortoise & Hare    | Vet Ladies (40-44) | 2337    | 357        |
| 12    | 1:15:16 | LANE, Helen         |                              | Vet Ladies (40-44) | 1734    | 373        |

*There were 12 prize winners in the Vet Ladies (40-44) category.*

**Vet Ladies (45-54)**

| Place | Time    | Name             | Team                                | Race Age Category  | Race No | Race Place |
|-------|---------|------------------|-------------------------------------|--------------------|---------|------------|
| 1     | 1:07:59 | WILSON, Lynn     | Ealing, Southall & Middlesex        | Vet Ladies (45-54) | 2473    | 179        |
| 2     | 1:11:59 | NEWTON, Sarah    | Serpentine Running Club             | Vet Ladies (45-54) | 1729    | 274        |
| 3     | 1:12:21 | McDONOUGH, Annie | Blackheath & Bromley Harriers<br>AC | Vet Ladies (45-54) | 1131    | 284        |
| 4     | 1:12:54 | WHITE, Caroline  | London Heathside                    | Vet Ladies (45-54) | 2189    | 298        |
| 5     | 1:13:43 | MOTHERSOLE, Ann  | Collingwood                         | Vet Ladies (45-54) | 2167    | 317        |
| 6     | 1:14:00 | PRITCHARD, Lis   | Dulwich Runners                     | Vet Ladies (45-54) | 1687    | 324        |
| 7     | 1:14:34 | JONES, Carol     | Ealing, Southall & Middlesex        | Vet Ladies (45-54) | 2192    | 348        |
| 8     | 1:14:38 | STEWART, Claire  | Dulwich Runners                     | Vet Ladies (45-54) | 1184    | 350        |
| 9     | 1:15:14 | BROWN, Mandy     | 26.2 Road Runners Club              | Vet Ladies (45-54) | 2350    | 371        |
| 10    | 1:16:43 | BROWN, Liz       | Epsom Allsorts                      | Vet Ladies (45-54) | 1562    | 417        |
| 11    | 1:17:50 | KELVIN, Phil     | Serpentine Running Club             | Vet Ladies (45-54) | 1072    | 458        |
| 12    | 1:18:34 | NODDER, Jane     | Mornington Chasers                  | Vet Ladies (45-54) | 1063    | 474        |

*There were 12 prize winners in the Vet Ladies (45-54) category.*

**Race Directors' Prize Presentation List****Vet Ladies (55+)**

| Place | Time    | Name               | Team                    | Race Age Category | Race No | Race Place |
|-------|---------|--------------------|-------------------------|-------------------|---------|------------|
| 1     | 1:09:39 | TABOR, Ros         | Dulwich Runners         | Vet Ladies (55+)  | 1225    | 212        |
| 2     | 1:16:04 | LAMBERT, Sue       | Serpentine Running Club | Vet Ladies (55+)  | 2479    | 400        |
| 3     | 1:18:46 | HUGGETT, Sylvia    | Hastings                | Vet Ladies (55+)  | 2056    | 481        |
| 4     | 1:21:29 | MORRISON, Cecilia  |                         | Vet Ladies (55+)  | 1288    | 577        |
| 5     | 1:21:53 | BATH, Ann          | 26.2 Road Runners Club  | Vet Ladies (55+)  | 2451    | 590        |
| 6     | 1:24:49 | ORBAN, Mavis       | Tooting Runners         | Vet Ladies (55+)  | 2127    | 684        |
| 7     | 1:28:10 | ZASS, Liz          | Stragglers              | Vet Ladies (55+)  | 1182    | 795        |
| 8     | 1:29:42 | KINCH, Brenda      | Watford Joggers         | Vet Ladies (55+)  | 1380    | 834        |
| 9     | 1:31:22 | MEHTA, Rita        | Serpentine Running Club | Vet Ladies (55+)  | 2061    | 869        |
| 10    | 1:33:37 | O'BRIEN, Jill      |                         | Vet Ladies (55+)  | 1048    | 933        |
| 11    | 1:37:15 | LINDENBERG, Sue    | Stragglers              | Vet Ladies (55+)  | 1528    | 1005       |
| 12    | 1:38:37 | FLETCHER, Margaret |                         | Vet Ladies (55+)  | 1617    | 1026       |

There were 12 prize winners in the Vet Ladies (55+) category.

**All Ladies**

| Place | Time    | Name                 | Team                         | Race Age Category  | Race No | Race Place |
|-------|---------|----------------------|------------------------------|--------------------|---------|------------|
| 1     | 0:57:50 | YFF, Barbara         | Serpentine Running Club      | Senior Ladies      | 1061    | 29         |
| 2     | 0:57:56 | FLETCHER, Alison     | Dulwich Runners              | Vet Ladies (40-44) | 2496    | 30         |
| 3     | 0:58:14 | WATSON, Louise       | Stragglers                   | Senior Ladies      | 1975    | 34         |
| 4     | 0:58:17 | CROMBIE-HICKS, Shona | Bourton Road Runners         | Senior Ladies      | 2281    | 35         |
| 5     | 1:00:38 | WARNER, Naomi        | 26.2 Road Runners Club       | Senior Ladies      | 2410    | 53         |
| 6     | 1:01:42 | FELIX, Jamie         | Serpentine Running Club      | Senior Ladies      | 1554    | 69         |
| 7     | 1:02:02 | EVANS, Ester         | Highgate Harriers            | Senior Ladies      | 1598    | 73         |
| 8     | 1:02:37 | EVANS, Jeni          | Ealing, Southall & Middlesex | Senior Ladies      | 2506    | 83         |
| 9     | 1:04:05 | BUCKLEY, Anna        | Wimbledon Windmilers         | Senior Ladies      | 2204    | 105        |
| 10    | 1:04:46 | EAST, Charlotte      | Wimbledon Windmilers         | Senior Ladies      | 2426    | 114        |
| 11    | 1:04:51 | MACKENZIE, Alison    | South London Harriers        | Senior Ladies      | 1614    | 118        |
| 12    | 1:05:04 | PERRIER, Marie-Aline | Serpentine Running Club      | Senior Ladies      | 1070    | 125        |
| 13    | 1:05:11 | WALDMAN, Louise      | London Heathside             | Vet Ladies (40-44) | 2047    | 128        |
| 14    | 1:05:12 | NICHOLSON, Clare     | Stragglers                   | Senior Ladies      | 1026    | 129        |
| 15    | 1:05:25 | SMALE, Dee           | Stragglers                   | Vet Ladies (40-44) | 2563    | 133        |
| 16    | 1:05:49 | HARRISON, Susanna    | Woking AC                    | Vet Ladies (40-44) | 2385    | 138        |
| 17    | 1:05:59 | MAJOR, Pippa         | South London Harriers        | Vet Ladies (35-39) | 2227    | 141        |
| 18    | 1:06:41 | BOND, Sarah          | Mornington Chasers           | Senior Ladies      | 1425    | 152        |
| 19    | 1:07:45 | PICKUP, Andrea       | Dulwich Runners              | Vet Ladies (35-39) | 2503    | 171        |
| 20    | 1:07:56 | DEWS, Emma           |                              | Senior Ladies      | 1490    | 177        |

There were 20 prize winners in the category.

**All Men**

| Place | Time    | Name             | Team                    | Race Age Category | Race No | Race Place |
|-------|---------|------------------|-------------------------|-------------------|---------|------------|
| 1     | 0:49:33 | SLY, Phill       | Thames Hare & Hounds    | Senior Men        | 2570    | 1          |
| 2     | 0:51:22 | McFARLANE, John  | Thames Hare & Hounds    | Senior Men        | 2557    | 2          |
| 3     | 0:52:14 | MAJOR, Stuart    | Newham & Essex Beagles  | Senior Men        | 2226    | 3          |
| 4     | 0:52:21 | DOYLE, Paul      | Ranelagh Harriers       | Senior Men        | 2240    | 4          |
| 5     | 0:52:41 | HEGVOLD, Knut    | Belgrave                | Vet Men (40-44)   | 2516    | 5          |
| 6     | 0:52:46 | KARUE, John      | Come UK                 | Senior Men        | 2568    | 6          |
| 7     | 0:52:47 | BERG, Tyrone     | Mornington Chasers      | Senior Men        | 2030    | 7          |
| 8     | 0:53:13 | GITAU, David     | Come UK                 | Senior Men        | 2572    | 8          |
| 9     | 0:53:37 | BOYLE, Michael   | Herne Hill Harriers     | Vet Men (40-44)   | 2507    | 9          |
| 10    | 0:54:06 | COPESTICK, Robin | Walton                  | Senior Men        | 2290    | 10         |
| 11    | 0:54:18 | GREGORY, Paul    | Vale of Aylesbury AC    | Vet Men (45-49)   | 2182    | 11         |
| 12    | 0:55:03 | PAVIOUR, Ben     | Serpentine Running Club | Senior Men        | 1302    | 12         |
| 13    | 0:55:12 | HOLT, Andrew     | Garden City Runners     | Vet Men (40-44)   | 1709    | 13         |
| 14    | 0:55:47 | BARRETT, Simon   | Serpentine Running Club | Senior Men        | 1282    | 14         |
| 15    | 0:56:03 | HALL, David      | Dartford Road Runners   | Senior Men        | 1766    | 15         |
| 16    | 0:56:06 | KITCHING, Ian    | South London Harriers   | Vet Men (50-59)   | 2486    | 16         |
| 17    | 0:56:13 | SIRS, Nick       | Exeter Harriers         | Vet Men (45-49)   | 2461    | 17         |
| 18    | 0:56:18 | LANE, Mick       | Ranelagh Harriers       | Vet Men (40-44)   | 2445    | 18         |
| 19    | 0:56:28 | GODBER, James    | Dulwich Runners         | Senior Men        | 2284    | 19         |
| 20    | 0:56:28 | McGREGOR, David  | Serpentine Running Club | Vet Men (45-49)   | 1057    | 20         |

There were 20 prize winners in the category.

**Race Directors' Prize Presentation List**

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There were 180 prize winners in all.