

Provisional Race Summary

All Competitors

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:09:55	LAWLER, James	Bedford & County Athletic Club	Senior Men	191	1
2	1:11:40	MARTELLETTI, Paul	Victoria Park Harriers & Tower Hamlets AC	Senior Men	936	2
3	1:13:20	SMITH, Chris	Thames Valley Harriers	Senior Men	218	3
4	1:13:48	REYNOLDS, Bryn	Bishops Stortford Running Club	Senior Men	842	4
5	1:14:21	RACKHAM, Nigel	Metros	Men 40-49	951	5
6	1:17:49	DUDE, Viesturs	Crawley AC	Men 40-49	343	6
7	1:18:08	CRACKNELL, Andy	Dacorum & Tring	Senior Men	939	7
8	1:18:11	REILLY, Len	Kent AC	Men 40-49	690	8
9	1:19:31	RAMSAY, Grant	Barnet & District AC	Senior Men	539	9
10	1:19:38	KEMBLE, Stephen	Garden City Runners	Men 50-59	542	10
11	1:19:45	SPELLMAN, Greg	Rugby & Northampton Athletic Club	Men 40-49	468	11
12	1:19:53	GEE, Sarah	Reading Road Runners	Ladies 45-54	231	12
13	1:19:54	SHANKS, Stephen	Holme Pierrepont RC	Senior Men	895	13
14	1:19:55	MACKRELL, Peter	Leighton Buzzard Athletic Club	Senior Men	691	14
15	1:19:59	THOMPSON, Peter	Nene Valley Harriers	Men 50-59	176	15

Senior Men

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:09:55	LAWLER, James	Bedford & County Athletic Club	Senior Men	191	1
2	1:11:40	MARTELLETTI, Paul	Victoria Park Harriers & Tower Hamlets AC	Senior Men	936	2
3	1:13:20	SMITH, Chris	Thames Valley Harriers	Senior Men	218	3
4	1:13:48	REYNOLDS, Bryn	Bishops Stortford Running Club	Senior Men	842	4
5	1:18:08	CRACKNELL, Andy	Dacorum & Tring	Senior Men	939	7

Men 40-49

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:14:21	RACKHAM, Nigel	Metros	Men 40-49	951	5
2	1:17:49	DUDE, Viesturs	Crawley AC	Men 40-49	343	6
3	1:18:11	REILLY, Len	Kent AC	Men 40-49	690	8
4	1:19:45	SPELLMAN, Greg	Rugby & Northampton Athletic Club	Men 40-49	468	11
5	1:21:28	HOLT, Andrew	Garden City Runners	Men 40-49	927	17

Men 50-59

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:19:38	KEMBLE, Stephen	Garden City Runners	Men 50-59	542	10
2	1:19:59	THOMPSON, Peter	Nene Valley Harriers	Men 50-59	176	15
3	1:25:00	McLELLAN, Keith	Luton Athletic Club	Men 50-59	685	25
4	1:25:32	BRADLEY, Mikk	Watford Harriers	Men 50-59	482	29
5	1:26:01	MICHAEL, Desmond	Barnet & District AC	Men 50-59	763	33

Men 60-69

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:26:55	FORD, Martin	Cheltenham & County Harriers	Men 60-69	758	38
2	1:28:03	NEWTON, Geoff	Tadworth AC	Men 60-69	235	45
3	1:31:50	BEATTIE, David	Crawley AC	Men 60-69	173	69
4	1:35:56	BINGHAM, Nicholas	Barnet & District AC	Men 60-69	289	100
5	1:36:14	BROWN, Norman		Men 60-69	781	108

Provisional Race Summary**Men 70+**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:44:44	CASSERLEY, Tom	Garden City Runners	Men 70+	493	227
2	1:51:57	CAMPBELL, Brian	Midland Veterans AC	Men 70+	139	336
3	1:54:23	SURREY, Derek	Shaftesbury Barnet	Men 70+	415	373
4	1:56:35	MILLER, Michael	Hillingdon AC	Men 70+	518	398
5	2:00:24	BALL, Malcolm	North Norfolk Beach Runners	Men 70+	370	465

Junior Men

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:48:20	MAGNUS, Joseph		Junior Men	616	277
2	1:49:46	SISMAN, Oliver		Junior Men	688	304
3	2:04:14	DAVIS, Ed		Junior Men	807	516
4	2:20:27	VASS, Ben		Junior Men	826	626

Senior Ladies

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:26:31	HUNTER, Jaimie	London Heathside Runners AC	Senior Ladies	904	35
2	1:32:38	BLAMIRE-BROWN, Heather	St Albans Striders	Senior Ladies	808	75
3	1:33:46	BOLISTER, Sharon	Eton Manor Running Club	Senior Ladies	935	85
4	1:37:24	VABUOLAITE, Giedre		Senior Ladies	132	120
5	1:39:47	LOPEZ, Shelley		Senior Ladies	403	156

Ladies 35-44

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:25:50	TAYLOR, Philippa	Stamford Striders	Ladies 35-44	762	32
2	1:29:12	IMRIE, Claire	Serpentine Running Club	Ladies 35-44	733	56
3	1:31:25	FROUD, Nicola	Barnet & District AC	Ladies 35-44	595	66
4	1:32:33	SCHULZ, Ursula	Headington Road Runners	Ladies 35-44	313	73
5	1:33:08	LAING, Jo	Fairlands Valley Spartans	Ladies 35-44	5	81

Ladies 45-54

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:19:53	GEE, Sarah	Reading Road Runners	Ladies 45-54	231	12
2	1:24:26	MOORE, Jenny	Wells City Harriers	Ladies 45-54	694	22
3	1:29:45	ULLIOTT, Cathy	Brighton & Hove AC	Ladies 45-54	634	58
4	1:40:14	KERR, Clare	Ware Joggers	Ladies 45-54	796	163
5	1:40:37	NORDIN, Breege		Ladies 45-54	728	173

Ladies 55-64

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:29:31	COPSON, Angela	Rugby & Northampton Athletic Club	Ladies 55-64	226	57
2	1:37:26	MARCHANT, Zina	Team Bath AC	Ladies 55-64	335	121
3	1:46:48	WOOLLER, Diane	Colchester & Tendring AC	Ladies 55-64	501	259
4	1:47:53	BRAVERMAN, Diana	Cambridge & Coleridge	Ladies 55-64	487	273
5	1:58:12	BATH, Ann	26.2 Road Runners Club	Ladies 55-64	961	430

Ladies 65+

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:59:27	JONES, Pamela	Iford AC	Ladies 65+	330	450
2	2:40:28	STRINGER, Valarie	Ware Joggers	Ladies 65+	213	668

Provisional Race Summary**Herts Men 40-49**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:14:21	RACKHAM, Nigel	Metros	Men 40-49	951	5
2	1:21:28	HOLT, Andrew	Garden City Runners	Men 40-49	927	17
3	1:26:35	KENYON-MUIR, Nick	Ware Joggers	Men 40-49	73	37
4	1:27:04	SHERWOOD, Adrian	North Herts Road Runners	Men 40-49	598	40
5	1:28:04	BOWEN, Sean	Garden City Runners	Men 40-49	584	46

Herts Men 50-59

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:19:38	KEMBLE, Stephen	Garden City Runners	Men 50-59	542	10
2	1:25:00	McLELLAN, Keith	Luton Athletic Club	Men 50-59	685	25
3	1:26:01	MICHAEL, Desmond	Barnet & District AC	Men 50-59	763	33
4	1:29:55	TREMAINE, Robin	London Heathside Runners AC	Men 50-59	71	60
5	1:32:40	FITZPATRICK, Peter	Herts Phoenix	Men 50-59	555	76

Herts Men 60-69

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:38:31	BLOOM, Richard	Herts Phoenix	Men 60-69	855	139
2	1:41:01	HAMLET, Colin	Watford Harriers	Men 60-69	83	179
3	1:41:50	THOMAS, George	Bishops Stortford Running Club	Men 60-69	809	191
4	1:43:50	HOPE, John	St Albans Striders	Men 60-69	476	210
5	1:46:44	GAULD-CLARK, Colin	Bishops Stortford Running Club	Men 60-69	590	255

Herts Men 70+

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:44:44	CASSERLEY, Tom	Garden City Runners	Men 70+	493	227
2	1:54:23	SURREY, Derek	Shaftesbury Barnet	Men 70+	415	373
3	1:56:35	MILLER, Michael	Hillingdon AC	Men 70+	518	398
4	2:40:59	STRINGER, Roy	Ware Joggers	Men 70+	240	669
5	2:48:18	BEANE, Dave	Garden City Runners	Men 70+	940	672

Herts Ladies 35-44

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:31:25	FROUD, Nicola	Barnet & District AC	Ladies 35-44	595	66
2	1:33:08	LAING, Jo	Fairlands Valley Spartans	Ladies 35-44	5	81
3	1:35:21	HALE, Caroline	Garden City Runners	Ladies 35-44	434	95
4	1:38:45	McDERMOTT, Jackie		Ladies 35-44	150	144
5	1:39:29	SULLIVAN, Cindy		Ladies 35-44	949	152

Herts Ladies 45-54

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:40:14	KERR, Clare	Ware Joggers	Ladies 45-54	796	163
2	1:42:39	FINDLAY, Celia	David Lloyd Pacers	Ladies 45-54	149	199
3	1:50:09	WILLIAMS, Sue	David Lloyd Pacers	Ladies 45-54	925	307
4	1:52:26	DODSWORTH, Karen	North Herts Road Runners	Ladies 45-54	561	340
5	1:57:58	McCULLOUGH, Christine	Fairlands Valley Spartans	Ladies 45-54	33	426

Herts Ladies 55-64

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:58:12	BATH, Ann	26.2 Road Runners Club	Ladies 55-64	961	430
2	1:58:47	WILLIAMS, Rita	Ware Joggers	Ladies 55-64	49	442
3	2:00:07	RAMSDEN, Anne	Ware Joggers	Ladies 55-64	108	457
4	2:10:09	GAULD-CLARK, Anne	Bishops Stortford Running Club	Ladies 55-64	692	564
5	2:27:19	AMOS, Mary	Bishops Stortford Running Club	Ladies 55-64	491	652

Provisional Race Summary**Herts Ladies 65+**

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	2:40:28	STRINGER, Valarie	Ware Joggers	Ladies 65+	213	668

ARC Senior Men

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:13:20	SMITH, Chris	Thames Valley Harriers	Senior Men	218	3
2	1:13:48	REYNOLDS, Bryn	Bishops Stortford Running Club	Senior Men	842	4
3	1:20:32	PATTERSON, Andrew	Fairlands Valley Spartans	Senior Men	1	16
4	1:21:38	CASEY, Russell	Garden City Runners	Senior Men	946	18
5	1:24:08	PYE, Shaw	Fairlands Valley Spartans	Senior Men	623	21

ARC Men 40-49

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:18:11	REILLY, Len	Kent AC	Men 40-49	690	8
2	1:21:28	HOLT, Andrew	Garden City Runners	Men 40-49	927	17
3	1:27:04	SHERWOOD, Adrian	North Herts Road Runners	Men 40-49	598	40
4	1:28:04	BOWEN, Sean	Garden City Runners	Men 40-49	584	46
5	1:28:27	MORRIS, Garth	Ware Joggers	Men 40-49	721	50

ARC Men 50-59

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:19:38	KEMBLE, Stephen	Garden City Runners	Men 50-59	542	10
2	1:25:00	McLELLAN, Keith	Luton Athletic Club	Men 50-59	685	25
3	1:25:32	BRADLEY, Mikk	Watford Harriers	Men 50-59	482	29
4	1:29:55	TREMAINE, Robin	London Heathside Runners AC	Men 50-59	71	60
5	1:30:23	DELLAR, Peter	Dunstable RRC	Men 50-59	861	63

ARC Men 60-69

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:26:55	FORD, Martin	Cheltenham & County Harriers	Men 60-69	758	38
2	1:28:03	NEWTON, Geoff	Tadworth AC	Men 60-69	235	45
3	1:41:50	THOMAS, George	Bishops Stortford Running Club	Men 60-69	809	191
4	1:43:50	HOPE, John	St Albans Striders	Men 60-69	476	210
5	1:45:10	JENKINS, Glyn	Thanet Roadrunners AC	Men 60-69	375	237

ARC Men 70+

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:44:44	CASSERLEY, Tom	Garden City Runners	Men 70+	493	227
2	2:00:24	BALL, Malcolm	North Norfolk Beach Runners	Men 70+	370	465
3	2:48:18	BEANE, Dave	Garden City Runners	Men 70+	940	672

ARC Senior Ladies

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:32:38	BLAMIRE-BROWN, Heather	St Albans Striders	Senior Ladies	808	75
2	1:56:53	DURANCE, Helen	St Albans Striders	Senior Ladies	873	404
3	2:11:24	RISLEY, Karen	Bishops Stortford Running Club	Senior Ladies	490	573
4	2:17:53	DARCY, Katarina	Bedford Harriers	Senior Ladies	32	608
5	2:27:15	PARRIS, Gemma	Fairlands Valley Spartans	Senior Ladies	16	650

ARC Ladies 35-44

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:25:50	TAYLOR, Philippa	Stamford Striders	Ladies 35-44	762	32
2	1:33:08	LAING, Jo	Fairlands Valley Spartans	Ladies 35-44	5	81
3	1:35:21	HALE, Caroline	Garden City Runners	Ladies 35-44	434	95
4	1:49:42	PEZ, Tracy	Fairlands Valley Spartans	Ladies 35-44	13	302
5	1:53:20	BRADFORD, Ruth	Fairlands Valley Spartans	Ladies 35-44	848	349

Provisional Race Summary**ARC Ladies 45-54**

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:57:58	McCULLOUGH, Christine	Fairlands Valley Spartans	Ladies 45-54	33	426
2	1:59:56	GINGELL, Lynni	Bedford Harriers	Ladies 45-54	730	453
3	2:02:39	GLADING, Caroline	Fairlands Valley Spartans	Ladies 45-54	838	496
4	2:06:08	LIDDLE, Karen	Fairlands Valley Spartans	Ladies 45-54	92	536
5	2:07:33	NORMAN, Sheryl	St Albans Striders	Ladies 45-54	464	547

ARC Ladies 55-64

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:58:12	BATH, Ann	26.2 Road Runners Club	Ladies 55-64	961	430
2	2:00:07	RAMSDEN, Anne	Ware Joggers	Ladies 55-64	108	457
3	2:10:09	GAULD-CLARK, Anne	Bishops Stortford Running Club	Ladies 55-64	692	564
4	2:20:22	BUTLER, Sandra	Ramsey RR	Ladies 55-64	757	625
5	2:27:19	AMOS, Mary	Bishops Stortford Running Club	Ladies 55-64	491	652

BMAF Men 35-39

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:35:10	WHITWORTH, Martin	St Albans Striders	Senior Men	238	94
2	1:37:42	RISLEY, Darren	Bishops Stortford Running Club	Senior Men	489	125
3	1:51:34	MARSHALL, Tim	Herts Phoenix	Senior Men	359	333

BMAF Men 40-44

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:27:04	SHERWOOD, Adrian	North Herts Road Runners	Men 40-49	598	40
2	1:28:04	BOWEN, Sean	Garden City Runners	Men 40-49	584	46
3	1:37:18	BLACKBURN, Graham	Fairlands Valley Spartans	Men 40-49	922	119
4	1:38:11	CAHILL, Chris	Milton Keynes AC	Men 40-49	347	133
5	1:39:27	GARRETT, Andrew	Fairlands Valley Spartans	Men 40-49	772	151

BMAF Men 45-49

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:17:49	DUDE, Viesturs	Crawley AC	Men 40-49	343	6
2	1:18:11	REILLY, Len	Kent AC	Men 40-49	690	8
3	1:23:39	AUNGER, Ian	Nene Valley Harriers	Men 40-49	674	20
4	1:28:27	MORRIS, Garth	Ware Joggers	Men 40-49	721	50
5	1:28:37	MANGELSHOT, Larry	Woodford Green & Essex Ladies AC	Men 40-49	522	51

BMAF Men 50-54

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:19:59	THOMPSON, Peter	Nene Valley Harriers	Men 50-59	176	15
2	1:25:00	McLELLAN, Keith	Luton Athletic Club	Men 50-59	685	25
3	1:25:32	BRADLEY, Mikk	Watford Harriers	Men 50-59	482	29
4	1:28:45	ULLIOTT, Tom	Brighton & Hove AC	Men 50-59	633	52
5	1:29:55	TREMAINE, Robin	London Heathside Runners AC	Men 50-59	71	60

BMAF Men 55-59

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	1:26:01	MICHAEL, Desmond	Barnet & District AC	Men 50-59	763	33
2	1:27:47	HILL, Walter	Crawley AC	Men 50-59	385	42
3	1:30:23	DELLAR, Peter	Dunstable RRC	Men 50-59	861	63
4	1:32:40	FITZPATRICK, Peter	Herts Phoenix	Men 50-59	555	76
5	1:36:29	BROWN, Jim	Fairlands Valley Spartans	Men 50-59	4	112

Provisional Race Summary**BMAF Men 60-64**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:28:03	NEWTON, Geoff	Tadworth AC	Men 60-69	235	45
2	1:31:50	BEATTIE, David	Crawley AC	Men 60-69	173	69
3	1:38:31	BLOOM, Richard	Herts Phoenix	Men 60-69	855	139
4	1:41:01	HAMLET, Colin	Watford Harriers	Men 60-69	83	179
5	1:42:33	RUSSELL, Brian	Dudley Kingswinford RC	Men 60-69	683	196

BMAF Men 65-69

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:26:55	FORD, Martin	Cheltenham & County Harriers	Men 60-69	758	38
2	1:39:02	TURNER, John	Stratford-on-Avon Athletic Club	Men 60-69	639	146
3	1:45:10	JENKINS, Glyn	Thanet Roadrunners AC	Men 60-69	375	237
4	1:49:13	BRENNAN, Philip	Stratford-on-Avon Athletic Club	Men 60-69	55	290
5	1:53:43	BRAVERMAN, Terry	Haverhill Running Club	Men 60-69	488	354

BMAF Men 70-74

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:54:23	SURREY, Derek	Shaftesbury Barnet	Men 70+	415	373
2	1:56:35	MILLER, Michael	Hillingdon AC	Men 70+	518	398
3	2:40:59	STRINGER, Roy	Ware Joggers	Men 70+	240	669
4	2:48:18	BEANE, Dave	Garden City Runners	Men 70+	940	672

BMAF Men 75+

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:51:57	CAMPBELL, Brian	Midland Veterans AC	Men 70+	139	336
2	2:00:24	BALL, Malcolm	North Norfolk Beach Runners	Men 70+	370	465

BMAF Ladies 35-39

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:38:00	ROGERS, Sarah	New Marske Harriers AC	Ladies 35-44	394	131
2	1:54:28	RANSOM, Carol	St Albans Striders	Ladies 35-44	963	375
3	2:02:39	O'CALLAGHAN, Sara	Fairlands Valley Spartans	Ladies 35-44	837	495
4	2:19:30	HEATH, Dania	Fairlands Valley Spartans	Ladies 35-44	409	620

BMAF Ladies 40-44

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:25:50	TAYLOR, Philippa	Stamford Striders	Ladies 35-44	762	32
2	1:31:25	FROUD, Nicola	Barnet & District AC	Ladies 35-44	595	66
3	1:32:33	SCHULZ, Ursula	Headington Road Runners	Ladies 35-44	313	73
4	1:35:21	HALE, Caroline	Garden City Runners	Ladies 35-44	434	95
5	1:44:55	VICK, Sarah	Saxmundham Sports Running & Fitness Club	Ladies 35-44	286	233

BMAF Ladies 45-49

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:19:53	GEE, Sarah	Reading Road Runners	Ladies 45-54	231	12
2	1:24:26	MOORE, Jenny	Wells City Harriers	Ladies 45-54	694	22
3	1:29:45	ULLIOTT, Cathy	Brighton & Hove AC	Ladies 45-54	634	58
4	1:41:37	RUSLING, Barbara	Maltby Running Club	Ladies 45-54	766	187
5	1:42:39	FINDLAY, Celia	David Lloyd Pacers	Ladies 45-54	149	199

Provisional Race Summary**BMAF Ladies 55-59**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:37:26	MARCHANT, Zina	Team Bath AC	Ladies 55-64	335	121
2	1:46:48	WOOLLER, Diane	Colchester & Tendring AC	Ladies 55-64	501	259
3	1:47:53	BRAVERMAN, Diana	Cambridge & Coleridge	Ladies 55-64	487	273
4	2:00:07	RAMSDEN, Anne	Ware Joggers	Ladies 55-64	108	457

BMAF Ladies 60-64

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:29:31	COPSON, Angela	Rugby & Northampton Athletic Club	Ladies 55-64	226	57
2	1:58:12	BATH, Ann	26.2 Road Runners Club	Ladies 55-64	961	430
3	2:27:19	AMOS, Mary	Bishops Stortford Running Club	Ladies 55-64	491	652

BMAF Ladies 70+

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:59:27	JONES, Pamela	Ilford AC	Ladies 65+	330	450
2	2:40:28	STRINGER, Valarie	Ware Joggers	Ladies 65+	213	668

All Ladies

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:19:53	GEE, Sarah	Reading Road Runners	Ladies 45-54	231	12
2	1:24:26	MOORE, Jenny	Wells City Harriers	Ladies 45-54	694	22
3	1:25:50	TAYLOR, Philippa	Stamford Striders	Ladies 35-44	762	32
4	1:26:31	HUNTER, Jaimie	London Heathside Runners AC	Senior Ladies	904	35
5	1:29:12	IMRIE, Claire	Serpentine Running Club	Ladies 35-44	733	56
6	1:29:31	COPSON, Angela	Rugby & Northampton Athletic Club	Ladies 55-64	226	57
7	1:29:45	ULLIOTT, Cathy	Brighton & Hove AC	Ladies 45-54	634	58
8	1:31:25	FROUD, Nicola	Barnet & District AC	Ladies 35-44	595	66
9	1:32:33	SCHULZ, Ursula	Headington Road Runners	Ladies 35-44	313	73
10	1:32:38	BLAMIRE-BROWN, Heather	St Albans Striders	Senior Ladies	808	75

All Men

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:09:55	LAWLER, James	Bedford & County Athletic Club	Senior Men	191	1
2	1:11:40	MARTELLETTI, Paul	Victoria Park Harriers & Tower Hamlets AC	Senior Men	936	2
3	1:13:20	SMITH, Chris	Thames Valley Harriers	Senior Men	218	3
4	1:13:48	REYNOLDS, Bryn	Bishops Stortford Running Club	Senior Men	842	4
5	1:14:21	RACKHAM, Nigel	Metros	Men 40-49	951	5
6	1:17:49	DUDE, Viesturs	Crawley AC	Men 40-49	343	6
7	1:18:08	CRACKNELL, Andy	Dacorum & Tring	Senior Men	939	7
8	1:18:11	REILLY, Len	Kent AC	Men 40-49	690	8
9	1:19:31	RAMSAY, Grant	Barnet & District AC	Senior Men	539	9
10	1:19:38	KEMBLE, Stephen	Garden City Runners	Men 50-59	542	10

All Herts Men

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:09:55	LAWLER, James	Bedford & County Athletic Club	Senior Men	191	1
2	1:14:21	RACKHAM, Nigel	Metros	Men 40-49	951	5
3	1:19:38	KEMBLE, Stephen	Garden City Runners	Men 50-59	542	10
4	1:21:28	HOLT, Andrew	Garden City Runners	Men 40-49	927	17
5	1:25:00	McLELLAN, Keith	Luton Athletic Club	Men 50-59	685	25

Provisional Race Summary**All Herts Ladies**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:31:25	FROUD, Nicola	Barnet & District AC	Ladies 35-44	595	66
2	1:33:08	LAING, Jo	Fairlands Valley Spartans	Ladies 35-44	5	81
3	1:35:21	HALE, Caroline	Garden City Runners	Ladies 35-44	434	95
4	1:38:45	McDERMOTT, Jackie		Ladies 35-44	150	144
5	1:39:29	SULLIVAN, Cindy		Ladies 35-44	949	152

All ARC Men

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:13:20	SMITH, Chris	Thames Valley Harriers	Senior Men	218	3
2	1:13:48	REYNOLDS, Bryn	Bishops Stortford Running Club	Senior Men	842	4
3	1:18:11	REILLY, Len	Kent AC	Men 40-49	690	8
4	1:19:38	KEMBLE, Stephen	Garden City Runners	Men 50-59	542	10
5	1:20:32	PATTERSON, Andrew	Fairlands Valley Spartans	Senior Men	1	16

All ARC Ladies

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:25:50	TAYLOR, Philippa	Stamford Striders	Ladies 35-44	762	32
2	1:32:38	BLAMIRE-BROWN, Heather	St Albans Striders	Senior Ladies	808	75
3	1:33:08	LAING, Jo	Fairlands Valley Spartans	Ladies 35-44	5	81
4	1:35:21	HALE, Caroline	Garden City Runners	Ladies 35-44	434	95
5	1:49:42	PEZ, Tracy	Fairlands Valley Spartans	Ladies 35-44	13	302

All BMAF Men

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:17:49	DUDE, Viesturs	Crawley AC	Men 40-49	343	6
2	1:18:11	REILLY, Len	Kent AC	Men 40-49	690	8
3	1:19:59	THOMPSON, Peter	Nene Valley Harriers	Men 50-59	176	15
4	1:23:39	AUNGER, Ian	Nene Valley Harriers	Men 40-49	674	20
5	1:25:00	McLELLAN, Keith	Luton Athletic Club	Men 50-59	685	25

All BMAF Ladies

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:19:53	GEE, Sarah	Reading Road Runners	Ladies 45-54	231	12
2	1:24:26	MOORE, Jenny	Wells City Harriers	Ladies 45-54	694	22
3	1:25:50	TAYLOR, Philippa	Stamford Striders	Ladies 35-44	762	32
4	1:29:31	COPSON, Angela	Rugby & Northampton Athletic Club	Ladies 55-64	226	57
5	1:29:45	ULLIOTT, Cathy	Brighton & Hove AC	Ladies 45-54	634	58