

Provisional Race Summary
All Competitors

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|----------------|------------------------------|--------------------------|----------------|-------------------|
| 1 | 0:14:40 | HALL, Neilson | Bedford & County AC | Senior Men | 387 | 1 |
| 2 | 0:14:47 | JANES, Matthew | Bedford & County AC | Senior Men | 395 | 2 |
| 3 | 0:15:36 | PALMER, Rob | Luton AC | Senior Men | 287 | 3 |
| 4 | 0:15:56 | NELSON, Stuart | Rugby & Northampton AC | Senior Men | 80 | 4 |
| 5 | 0:16:11 | COOMBES, Simon | Leighton Buzzard AC | Senior Men | 139 | 5 |
| 6 | 0:16:18 | HOLLAND, Phil | Amphill & Flitwick Flyers RC | Senior Men | 355 | 6 |
| 7 | 0:16:18 | MILLS, Adam | Bedford Harriers AC | Senior Men | 84 | 7 |
| 8 | 0:16:39 | HALSEY, Craig | Boxfit-Tri | Senior Men | 31 | 8 |
| 9 | 0:16:47 | PALMER, Craig | Dunstable RRC | Senior Men | 210 | 9 |
| 10 | 0:17:02 | BLAIR, Andrew | Bedford & County AC | Vet Men 40-49 | 251 | 10 |

Men Under17

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-------------------|------------------------------|--------------------------|----------------|-------------------|
| 1 | 0:19:53 | BENEDICKTER, Jack | Amphill & Flitwick Flyers RC | Men Under17 | 383 | 68 |
| 2 | 0:20:04 | FAULKNER, Ryan | Herts Phoenix AC | Men Under17 | 305 | 71 |
| 3 | 0:23:05 | CUMINO, Andy | Marshall Milton Keynes AC | Men Under17 | 242 | 151 |

Vet Men 60+

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|--------------------|--------------------------------|--------------------------|----------------|-------------------|
| 1 | 0:20:43 | WATT, Fred | Leighton Buzzard AC | Vet Men 60+ | 381 | 94 |
| 2 | 0:20:55 | COOK, Keith | Marshall Milton Keynes AC | Vet Men 60+ | 270 | 102 |
| 3 | 0:21:10 | COX, Peter | | Vet Men 60+ | 240 | 110 |
| 4 | 0:23:09 | BROOKE, Paul | Collingwood AC | Vet Men 60+ | 166 | 155 |
| 5 | 0:23:24 | TAYLOR, Alan | Stopsley Striders Jogging Club | Vet Men 60+ | 62 | 164 |
| 6 | 0:24:10 | WITTERING, Richard | Marshall Milton Keynes AC | Vet Men 60+ | 358 | 181 |

Vet Men 40+

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-----------------|------------------------------|--------------------------|----------------|-------------------|
| 1 | 0:17:02 | BLAIR, Andrew | Bedford & County AC | Vet Men 40-49 | 251 | 10 |
| 2 | 0:17:11 | KEMBLE, Stephen | Garden City Runners | Vet Men 40-49 | 384 | 11 |
| 3 | 0:17:18 | McLELLAN, Keith | Luton AC | Vet Men 50-59 | 302 | 15 |
| 4 | 0:17:19 | JONES, Nick | Amphill & Flitwick Flyers RC | Vet Men 40-49 | 290 | 16 |
| 5 | 0:17:20 | SPEIRS, Simon | Harpden ARO Runners | Vet Men 40-49 | 228 | 17 |
| 6 | 0:17:22 | MURPHY, John | Dunstable RRC | Vet Men 40-49 | 227 | 18 |

Vet Men 50+

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-----------------|---------------------------|--------------------------|----------------|-------------------|
| 1 | 0:17:18 | McLELLAN, Keith | Luton AC | Vet Men 50-59 | 302 | 15 |
| 2 | 0:18:22 | THOMPSON, Tony | Luton AC | Vet Men 50-59 | 359 | 34 |
| 3 | 0:18:38 | SKELTON, John | Marshall Milton Keynes AC | Vet Men 50-59 | 5 | 38 |
| 4 | 0:18:41 | WILKERSON, Paul | Bedford & County AC | Vet Men 50-59 | 94 | 42 |
| 5 | 0:19:22 | HOAR, Richard | Boxfit-Tri | Vet Men 50-59 | 352 | 55 |
| 6 | 0:19:24 | EDGHILL, Dennis | Marshall Milton Keynes AC | Vet Men 50-59 | 317 | 56 |

Ladies Under 17

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|---------------|---------------------|--------------------------|----------------|-------------------|
| 1 | 0:19:40 | RELTON, Emily | Bedford & County AC | Ladies Under 17 | 313 | 62 |
| 2 | 0:26:56 | HARBON, Helen | | Ladies Under 17 | 330 | 258 |

Provisional Race Summary**Senior Ladies**

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-----------------|------------------------|--------------------------|----------------|-------------------|
| 1 | 0:18:09 | HALL, Lizzy | Herts Phoenix AC | Senior Ladies | 396 | 31 |
| 2 | 0:20:12 | CLARK, Wendy | Shenley Striders | Senior Ladies | 249 | 75 |
| 3 | 0:20:19 | PULSFORD, Jo | Rugby & Northampton AC | Senior Ladies | 392 | 79 |
| 4 | 0:21:01 | NICOL, Paula | Boxfit-Tri | Senior Ladies | 55 | 105 |
| 5 | 0:23:15 | CLIFTON, Nina | | Senior Ladies | 273 | 158 |
| 6 | 0:24:02 | NICHOLLS, Marie | MK Lakeside Runners | Senior Ladies | 347 | 178 |

Vet Ladies 55+

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|---------------------|--------------------------------|--------------------------|----------------|-------------------|
| 1 | 0:23:20 | DE WINTER, Margaret | Dunstable RRC | Vet Ladies 55+ | 107 | 162 |
| 2 | 0:25:15 | GREENARD, Lynne | Bedford Harriers AC | Vet Ladies 55+ | 165 | 218 |
| 3 | 0:27:19 | STEED, Maureen | Garden City Runners | Vet Ladies 55+ | 130 | 269 |
| 4 | 0:28:21 | RUSSELL, Val | Marshall Milton Keynes AC | Vet Ladies 55+ | 374 | 282 |
| 5 | 0:28:33 | FENWICK, Jane | MK Lakeside Runners | Vet Ladies 55+ | 176 | 287 |
| 6 | 0:29:02 | REID, Judy | Stopsley Striders Jogging Club | Vet Ladies 55+ | 307 | 297 |

Vet Ladies 35+

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-------------------|--------------------------------|--------------------------|----------------|-------------------|
| 1 | 0:18:26 | PREEN, Jane | Marshall Milton Keynes AC | Vet Ladies 35-44 | 24 | 37 |
| 2 | 0:21:31 | WINFIELD, Joanna | Harpندن ARO Runners | Vet Ladies 35-44 | 146 | 119 |
| 3 | 0:21:39 | REID, Jacqui | Metropolitan Police AC | Vet Ladies 35-44 | 345 | 122 |
| 4 | 0:22:07 | NOBBS, Charlotte | | Vet Ladies 35-44 | 23 | 130 |
| 5 | 0:22:52 | BLACKMORE, Dianne | Stopsley Striders Jogging Club | Vet Ladies 45-54 | 67 | 147 |
| 6 | 0:23:02 | EDGHILL, Sharon | Marshall Milton Keynes AC | Vet Ladies 45-54 | 68 | 149 |

Vet Ladies 45+

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|---------------------|--------------------------------|--------------------------|----------------|-------------------|
| 1 | 0:22:52 | BLACKMORE, Dianne | Stopsley Striders Jogging Club | Vet Ladies 45-54 | 67 | 147 |
| 2 | 0:23:02 | EDGHILL, Sharon | Marshall Milton Keynes AC | Vet Ladies 45-54 | 68 | 149 |
| 3 | 0:23:09 | GILBY, Caroline | Amphill & Flitwick Flyers RC | Vet Ladies 45-54 | 357 | 154 |
| 4 | 0:23:20 | DE WINTER, Margaret | Dunstable RRC | Vet Ladies 55+ | 107 | 162 |
| 5 | 0:23:46 | TREDGET, Beverley | Bedford Harriers AC | Vet Ladies 45-54 | 124 | 172 |
| 6 | 0:23:50 | DODSWORTH, Karen | North Herts RRC | Vet Ladies 45-54 | 220 | 173 |

All Ladies

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
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| 2 | 0:18:26 | PREEN, Jane | Marshall Milton Keynes AC | Vet Ladies 35-44 | 24 | 37 |
| 3 | 0:19:40 | RELTON, Emily | Bedford & County AC | Ladies Under 17 | 313 | 62 |
| 4 | 0:20:12 | CLARK, Wendy | Shenley Striders | Senior Ladies | 249 | 75 |
| 5 | 0:20:19 | PULSFORD, Jo | Rugby & Northampton AC | Senior Ladies | 392 | 79 |
| 6 | 0:21:01 | NICOL, Paula | Boxfit-Tri | Senior Ladies | 55 | 105 |
| 7 | 0:21:31 | WINFIELD, Joanna | Harpندن ARO Runners | Vet Ladies 35-44 | 146 | 119 |
| 8 | 0:21:39 | REID, Jacqui | Metropolitan Police AC | Vet Ladies 35-44 | 345 | 122 |
| 9 | 0:22:07 | NOBBS, Charlotte | | Vet Ladies 35-44 | 23 | 130 |
| 10 | 0:22:52 | BLACKMORE, Dianne | Stopsley Striders Jogging Club | Vet Ladies 45-54 | 67 | 147 |

Provisional Race Summary**All Men**

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
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| 4 | 0:15:56 | NELSON, Stuart | Rugby & Northampton AC | Senior Men | 80 | 4 |
| 5 | 0:16:11 | COOMBES, Simon | Leighton Buzzard AC | Senior Men | 139 | 5 |
| 6 | 0:16:18 | HOLLAND, Phil | Amphill & Flitwick Flyers RC | Senior Men | 355 | 6 |
| 7 | 0:16:18 | MILLS, Adam | Bedford Harriers AC | Senior Men | 84 | 7 |
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| 9 | 0:16:47 | PALMER, Craig | Dunstable RRC | Senior Men | 210 | 9 |
| 10 | 0:17:02 | BLAIR, Andrew | Bedford & County AC | Vet Men 40-49 | 251 | 10 |