

**Provisional Result of the Ladies Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**1 : Dunstable Road Runners**

| Place | Time    | Name            | Race Age Category | Race No | Race Place |
|-------|---------|-----------------|-------------------|---------|------------|
| 4     | 0:40:13 | BASSILL, Claire | SF                | 653     | 88         |
| 23    | 0:46:14 | SHYNN, Sarah    | FV35              | 722     | 239        |
| 28    | 0:46:59 | GRINT, Ruth     | FV35              | 561     | 270        |
| 55    | 2:13:26 | Totals          |                   |         |            |

**2 : St Albans Striders**

| Place | Time    | Name                   | Race Age Category | Race No | Race Place |
|-------|---------|------------------------|-------------------|---------|------------|
| 7     | 0:40:43 | McKIE, Elizabeth       | FV35              | 612     | 102        |
| 9     | 0:41:43 | BLAMIRE-BROWN, Heather | SF                | 367     | 123        |
| 54    | 0:50:05 | POMPHELY, Judy         | FV55+             | 535     | 385        |
| 70    | 2:12:32 | Totals                 |                   |         |            |

**3 : Ampthill & Flitwick Flyers**

| Place | Time    | Name           | Race Age Category | Race No | Race Place |
|-------|---------|----------------|-------------------|---------|------------|
| 12    | 0:43:03 | MARSH, Sally   | FV35              | 59      | 147        |
| 21    | 0:45:39 | FARMER, Kara   | SF                | 572     | 222        |
| 40    | 0:48:25 | NICHOLS, Tracy | FV35              | 537     | 323        |
| 73    | 2:17:07 | Totals         |                   |         |            |

**4 : Stopsley Striders**

| Place | Time    | Name              | Race Age Category | Race No | Race Place |
|-------|---------|-------------------|-------------------|---------|------------|
| 24    | 0:46:25 | SUGARS, Alison    | FV35              | 747     | 248        |
| 30    | 0:47:11 | THOMASSON, Linda  | FV45              | 92      | 276        |
| 31    | 0:47:32 | BLACKMORE, Dianne | FV45              | 86      | 287        |
| 85    | 2:21:09 | Totals            |                   |         |            |

**5 : Bedford Harriers AC**

| Place | Time    | Name             | Race Age Category | Race No | Race Place |
|-------|---------|------------------|-------------------|---------|------------|
| 26    | 0:46:38 | DEVINE, Caroline | FV45              | 179     | 257        |
| 32    | 0:47:38 | McEWEN, Donna    | SF                | 845     | 290        |
| 33    | 0:47:38 | HORSMAN, Kathy   | FV45              | 840     | 291        |
| 91    | 2:21:54 | Totals           |                   |         |            |

**6 : Bedford & County AC**

| Place | Time    | Name           | Race Age Category | Race No | Race Place |
|-------|---------|----------------|-------------------|---------|------------|
| 11    | 0:42:57 | COOMBES, Emma  | SF                | 678     | 146        |
| 18    | 0:45:06 | SNYMAN, Simej  | SF                | 462     | 199        |
| 64    | 0:51:10 | BLIZARD, Paula | FV35              | 440     | 418        |
| 93    | 2:19:13 | Totals         |                   |         |            |

**7 : North Herts Road Runners**

| Place | Time    | Name            | Race Age Category | Race No | Race Place |
|-------|---------|-----------------|-------------------|---------|------------|
| 10    | 0:41:54 | PITMAN, Natasha | SF                | 91      | 127        |
| 39    | 0:48:21 | WHITEROD, Sarah | SF                | 318     | 320        |
| 50    | 0:49:13 | HARBON, Jo      | FV45              | 140     | 354        |
| 99    | 2:19:29 | Totals          |                   |         |            |

**8 : Biggleswade AC**

| Place | Time    | Name           | Race Age Category | Race No | Race Place |
|-------|---------|----------------|-------------------|---------|------------|
| 6     | 0:40:37 | NAYLER, Juliet | FV35              | 291     | 99         |
| 15    | 0:44:18 | HUNTER, Fiona  | SF                | 125     | 182        |
| 88    | 0:53:30 | BLAKE, Janice  | FV45              | 247     | 495        |
| 109   | 2:18:25 | Totals         |                   |         |            |

\*\*\* To view your race photos visit [www.infiniteimages.co.uk](http://www.infiniteimages.co.uk) \*\*\*

\* RaceMaster98 from Sport Systems +44 (0)870 3505123 [www.sportsystems.co.uk](http://www.sportsystems.co.uk) \*

**Provisional Result of the Ladies Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**9 : Ampthill & Flitwick Flyers**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 41         | 0:48:28        | AATKAR, Jo      | FV35              | 348     | 324        |
| 42         | 0:48:28        | GILBY, Caroline | FV45              | 787     | 326        |
| 61         | 0:51:00        | CRONIN, Nicky   | SF                | 118     | 409        |
| <b>144</b> | <b>2:27:57</b> | <b>Totals</b>   |                   |         |            |

**10 : Bedford Harriers AC**

| Place      | Time           | Name              | Race Age Category | Race No | Race Place |
|------------|----------------|-------------------|-------------------|---------|------------|
| 43         | 0:48:34        | FRIMAN, Amanda    | FV45              | 766     | 328        |
| 48         | 0:48:55        | BRODIE, Madeleine | FV35              | 723     | 344        |
| 53         | 0:49:54        | HARPER, Rosie     | SF                | 552     | 376        |
| <b>144</b> | <b>2:27:23</b> | <b>Totals</b>     |                   |         |            |

**11 : Marshall Milton Keynes AC**

| Place      | Time           | Name           | Race Age Category | Race No | Race Place |
|------------|----------------|----------------|-------------------|---------|------------|
| 44         | 0:48:38        | BALDWIN, Diane | FV45              | 543     | 331        |
| 47         | 0:48:46        | GILL, Diane    | FV35              | 116     | 338        |
| 55         | 0:50:05        | CALLEIA, Maria | FV35              | 509     | 386        |
| <b>146</b> | <b>2:27:30</b> | <b>Totals</b>  |                   |         |            |

**12 : Boxfit-Tri**

| Place      | Time           | Name          | Race Age Category | Race No | Race Place |
|------------|----------------|---------------|-------------------|---------|------------|
| 17         | 0:44:45        | NICOL, Paula  | SF                | 117     | 192        |
| 22         | 0:45:56        | DEED, Sarah   | SF                | 134     | 228        |
| 109        | 0:55:09        | MAGGOTT, Emma | SF                | 711     | 547        |
| <b>148</b> | <b>2:25:51</b> | <b>Totals</b> |                   |         |            |

**13 : Bedford Harriers AC**

| Place      | Time           | Name                | Race Age Category | Race No | Race Place |
|------------|----------------|---------------------|-------------------|---------|------------|
| 60         | 0:50:46        | FENSOME, Lucy       | FV35              | 559     | 403        |
| 69         | 0:51:45        | BARNES, Lesley      | FV45              | 192     | 439        |
| 78         | 0:52:30        | THOMPSON, Catherine | SF                | 508     | 462        |
| <b>207</b> | <b>2:35:01</b> | <b>Totals</b>       |                   |         |            |

**14 : Leighton Buzzard AC**

| Place      | Time           | Name             | Race Age Category | Race No | Race Place |
|------------|----------------|------------------|-------------------|---------|------------|
| 5          | 0:40:22        | DUCKWORTH, Gail  | FV45              | 753     | 96         |
| 70         | 0:51:46        | INCHLEY, Amy     | SF                | 281     | 440        |
| 155        | 0:59:10        | CROSSLAND, Helen | FV35              | 732     | 650        |
| <b>230</b> | <b>2:31:18</b> | <b>Totals</b>    |                   |         |            |

**15 : Riverside Runners**

| Place      | Time           | Name             | Race Age Category | Race No | Race Place |
|------------|----------------|------------------|-------------------|---------|------------|
| 8          | 0:41:14        | PATMORE, Tracey  | FV35              | 435     | 112        |
| 90         | 0:53:33        | RIDLEY, Michaela | FV35              | 574     | 498        |
| 132        | 0:56:39        | BOOTHBY, Lucy    | FV35              | 476     | 592        |
| <b>230</b> | <b>2:31:27</b> | <b>Totals</b>    |                   |         |            |

**16 : North Herts Road Runners**

| Place      | Time           | Name             | Race Age Category | Race No | Race Place |
|------------|----------------|------------------|-------------------|---------|------------|
| 52         | 0:49:45        | DODSWORTH, Karen | FV45              | 84      | 369        |
| 76         | 0:52:19        | ANNETTS, Rachel  | FV45              | 61      | 457        |
| 118        | 0:55:49        | HOPKINS, Gillian | FV35              | 172     | 565        |
| <b>246</b> | <b>2:37:53</b> | <b>Totals</b>    |                   |         |            |

**17 : Fairlands Valley Spartans RC**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 27         | 0:46:59        | HOPWOOD, Alison | FV35              | 648     | 269        |
| 89         | 0:53:32        | NATION, Nikki   | FV35              | 341     | 496        |
| 136        | 0:57:01        | HALL, Debbie    | SF                | 820     | 600        |
| <b>252</b> | <b>2:37:32</b> | <b>Totals</b>   |                   |         |            |

\*\*\* To view your race photos visit [www.infiniteimages.co.uk](http://www.infiniteimages.co.uk) \*\*\*

\* RaceMaster98 from Sport Systems +44 (0)870 3505123 [www.sportssystem.co.uk](http://www.sportssystem.co.uk) \*

**Provisional Result of the Ladies Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**18 : Stopsley Striders**

| Place      | Time           | Name               | Race Age Category | Race No | Race Place |
|------------|----------------|--------------------|-------------------|---------|------------|
| 35         | 0:47:53        | LITCHFIELD, Jenna  | SF                | 156     | 301        |
| 107        | 0:54:55        | PARRETT, Christina | SF                | 538     | 544        |
| 116        | 0:55:43        | THOMAS, Donna      | FV35              | 215     | 561        |
| <b>258</b> | <b>2:38:31</b> | <b>Totals</b>      |                   |         |            |

**19 : Ampthill & Flitwick Flyers**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 72         | 0:51:56        | VERSTRAETE, Vee | FV35              | 762     | 445        |
| 86         | 0:53:24        | CHICK, Alison   | FV35              | 696     | 492        |
| 113        | 0:55:39        | NOVIS, Lesley   | FV45              | 627     | 558        |
| <b>271</b> | <b>2:40:59</b> | <b>Totals</b>   |                   |         |            |

**20 : MK Lakeside Runners**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 29         | 0:47:01        | ESSAM, Fiona    | FV45              | 771     | 272        |
| 110        | 0:55:15        | NICHOLLS, Marie | SF                | 716     | 550        |
| 138        | 0:57:15        | COX, Debbie     | FV45              | 87      | 608        |
| <b>277</b> | <b>2:39:32</b> | <b>Totals</b>   |                   |         |            |

**21 : Bedford Harriers AC**

| Place      | Time           | Name               | Race Age Category | Race No | Race Place |
|------------|----------------|--------------------|-------------------|---------|------------|
| 91         | 0:53:35        | CHRISTISON, Lynn   | SF                | 436     | 502        |
| 106        | 0:54:51        | BULLARD, Jackie    | FV45              | 642     | 542        |
| 128        | 0:56:26        | CHEETHAM, Jeanette | FV35              | 339     | 587        |
| <b>325</b> | <b>2:44:53</b> | <b>Totals</b>      |                   |         |            |

**22 : Ampthill & Flitwick Flyers**

| Place      | Time           | Name              | Race Age Category | Race No | Race Place |
|------------|----------------|-------------------|-------------------|---------|------------|
| 114        | 0:55:41        | JOHNSTON, Laura   | FV35              | 189     | 559        |
| 120        | 0:56:00        | FLECKNEY, Rebecca | SF                | 24      | 570        |
| 122        | 0:56:11        | ALLIN, Joanne     | SF                | 58      | 576        |
| <b>356</b> | <b>2:47:52</b> | <b>Totals</b>     |                   |         |            |

**23 : Stopsley Striders**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 123        | 0:56:12        | GREEN, Beverley | FV45              | 265     | 577        |
| 129        | 0:56:27        | KIDNEY, Greer   | FV35              | 122     | 588        |
| 151        | 0:58:57        | BARKELL, Lisa   | FV35              | 320     | 644        |
| <b>403</b> | <b>2:51:36</b> | <b>Totals</b>   |                   |         |            |

**24 : Bedford Harriers AC**

| Place      | Time           | Name              | Race Age Category | Race No | Race Place |
|------------|----------------|-------------------|-------------------|---------|------------|
| 130        | 0:56:27        | ALDOUS, Jean      | FV45              | 700     | 589        |
| 137        | 0:57:03        | DONNELLY, Sabrina | SF                | 171     | 601        |
| 144        | 0:58:02        | WATSON, Linda     | NDB               | 360     | 622        |
| <b>411</b> | <b>2:51:32</b> | <b>Totals</b>     |                   |         |            |

**25 : Shenley Striders**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 37         | 0:47:57        | EDWARDS, Rachel | FV45              | 609     | 305        |
| 161        | 0:59:31        | LAWRENCE, Karen | FV45              | 211     | 663        |
| 218        | 1:04:09        | STEERE, Leigh   | FV35              | 218     | 745        |
| <b>416</b> | <b>2:51:37</b> | <b>Totals</b>   |                   |         |            |

**26 : Ampthill & Flitwick Flyers**

| Place      | Time           | Name                 | Race Age Category | Race No | Race Place |
|------------|----------------|----------------------|-------------------|---------|------------|
| 145        | 0:58:07        | HILLINGSWORTH, Karon | FV45              | 878     | 624        |
| 149        | 0:58:55        | PETER, Shona         | SF                | 874     | 641        |
| 152        | 0:59:01        | PARKER, Alison       | FV35              | 530     | 646        |
| <b>446</b> | <b>2:56:03</b> | <b>Totals</b>        |                   |         |            |

\*\*\* To view your race photos visit [www.infiniteimages.co.uk](http://www.infiniteimages.co.uk) \*\*\*

\* RaceMaster98 from Sport Systems +44 (0)870 3505123 [www.sportsystems.co.uk](http://www.sportsystems.co.uk) \*

**Provisional Result of the Ladies Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**27 : Biggleswade AC**

| Place      | Time           | Name             | Race Age Category | Race No | Race Place |
|------------|----------------|------------------|-------------------|---------|------------|
| 119        | 0:55:50        | GEESON, Michelle | SF                | 620     | 568        |
| 153        | 0:59:02        | LINCOLN, Anne    | FV45              | 602     | 647        |
| 224        | 1:04:29        | DOWSE, Julie     | FV45              | 260     | 754        |
| <b>496</b> | <b>2:59:22</b> | <b>Totals</b>    |                   |         |            |

**28 : Bedford Harriers AC**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 162        | 0:59:32        | TOASLAND, Jude  | FV35              | 216     | 664        |
| 168        | 0:59:48        | RYDER, Lisa     | FV45              | 699     | 673        |
| 178        | 1:00:41        | BARRATT, Alison | SF                | 739     | 691        |
| <b>508</b> | <b>3:00:01</b> | <b>Totals</b>   |                   |         |            |

**29 : MK Lakeside Runners**

| Place      | Time           | Name           | Race Age Category | Race No | Race Place |
|------------|----------------|----------------|-------------------|---------|------------|
| 164        | 0:59:35        | WOOD, Aimee    | SF                | 426     | 666        |
| 183        | 1:01:09        | FENWICK, Jane  | FV55+             | 242     | 699        |
| 186        | 1:01:14        | HOWELL, Olenka | SF                | 719     | 702        |
| <b>533</b> | <b>3:01:58</b> | <b>Totals</b>  |                   |         |            |

**30 : Stopsley Striders**

| Place      | Time           | Name           | Race Age Category | Race No | Race Place |
|------------|----------------|----------------|-------------------|---------|------------|
| 169        | 0:59:48        | REID, Judy     | FV55+             | 278     | 675        |
| 175        | 1:00:24        | GRASSBY, Terri | SF                | 78      | 685        |
| 214        | 1:03:50        | VEIRA, Helen   | FV35              | 428     | 741        |
| <b>558</b> | <b>3:04:02</b> | <b>Totals</b>  |                   |         |            |

**31 : Bedford Harriers AC**

| Place      | Time           | Name            | Race Age Category | Race No | Race Place |
|------------|----------------|-----------------|-------------------|---------|------------|
| 194        | 1:02:14        | FARR, Susan     | FV55+             | 333     | 714        |
| 201        | 1:02:33        | DARCY, Katarina | SF                | 655     | 722        |
| 206        | 1:03:08        | WEBSTER, Lisa   | FV35              | 763     | 731        |
| <b>601</b> | <b>3:07:55</b> | <b>Totals</b>   |                   |         |            |

**32 : Ampthill & Flitwick Flyers**

| Place      | Time           | Name              | Race Age Category | Race No | Race Place |
|------------|----------------|-------------------|-------------------|---------|------------|
| 196        | 1:02:17        | GODFREY, Pat      | FV55+             | 191     | 716        |
| 204        | 1:02:55        | BIRD, Dawn        | FV45              | 555     | 726        |
| 241        | 1:06:07        | MORICE, Elisabeth | FV35              | 550     | 774        |
| <b>641</b> | <b>3:11:19</b> | <b>Totals</b>     |                   |         |            |

**33 : Stopsley Striders**

| Place      | Time           | Name              | Race Age Category | Race No | Race Place |
|------------|----------------|-------------------|-------------------|---------|------------|
| 222        | 1:04:16        | HUNTER, Christine | FV45              | 547     | 751        |
| 230        | 1:05:04        | HICKEY, Angela    | SF                | 710     | 762        |
| 238        | 1:05:30        | MOLLAHAN, Joan    | FV55+             | 379     | 771        |
| <b>690</b> | <b>3:14:50</b> | <b>Totals</b>     |                   |         |            |

**34 : Leighton Buzzard AC**

| Place      | Time           | Name              | Race Age Category | Race No | Race Place |
|------------|----------------|-------------------|-------------------|---------|------------|
| 219        | 1:04:12        | LAMBERT, Danielle | SF                | 793     | 746        |
| 227        | 1:04:32        | KEEFE, Theresa    | FV35              | 267     | 758        |
| 258        | 1:09:20        | JOHNS, Amanda     | SF                | 540     | 795        |
| <b>704</b> | <b>3:18:04</b> | <b>Totals</b>     |                   |         |            |

**35 : MK Lakeside Runners**

| Place      | Time           | Name          | Race Age Category | Race No | Race Place |
|------------|----------------|---------------|-------------------|---------|------------|
| 228        | 1:04:54        | HEALEY, Sue   | FV45              | 308     | 759        |
| 249        | 1:07:44        | BUCKLEY, Pam  | FV55+             | 346     | 784        |
| 252        | 1:07:47        | TODD, Yvette  | FV45              | 634     | 787        |
| <b>729</b> | <b>3:20:25</b> | <b>Totals</b> |                   |         |            |

\*\*\* To view your race photos visit [www.infiniteimages.co.uk](http://www.infiniteimages.co.uk) \*\*\*

\* RaceMaster98 from Sport Systems +44 (0)870 3505123 [www.sportsystems.co.uk](http://www.sportsystems.co.uk) \*

Flitwick 10K, 10K Road Race - Sunday 19 April 2009. 11:00 am

**Provisional Result of the Ladies Teams team competition.**

(3 competitors per team. Based on cumulative position.)

\*\*\* To view your race photos visit [www.infiniteimages.co.uk](http://www.infiniteimages.co.uk) \*\*\*

\* RaceMaster98 from Sport Systems +44 (0)870 3505123 [www.sportsystems.co.uk](http://www.sportsystems.co.uk) \*