

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Chip Time	Race No	Race Place
1	0:55:14	CUNNINGHAM, Jeff	Herne Hill Harriers	Senior Men	0:55:14	477	1
2	0:56:10	RAMSAY, Grant	Barnet & District AC	Senior Men	0:56:10	197	2
3	0:56:47	VIVIAN, Blake	St Albans Striders	Senior Men	0:56:46	454	3
4	0:57:27	KEMBLE, Stephen	Garden City Runners	Vet Men 50-59	0:57:26	315	4
5	0:57:45	ALLEN, Paul	Tring RC	Vet Men 40-49	0:57:44	221	5
6	0:57:49	WATTS, Robert	Dulwich Runners	Senior Men	0:57:48	334	6
7	0:58:10	ADDISON, Jim	Beckenham RC	Senior Men	0:58:10	433	7
8	0:58:20	BETHELL, Jared	Harlow Running Club	Senior Men	0:58:19	420	8
9	0:58:21	BATE, Richard	Fairlands Valley Spartans	Senior Men	0:58:21	415	9
10	0:58:32	STARVIS, Stephen	Striders of Croydon	Senior Men	0:58:31	196	10
11	0:59:00	MASON, Adrian	Barnet & District AC	Vet Men 40-49	0:58:59	266	11
12	0:59:16	PHILLIPPS, Justin	Aldershot Farnham & District	Senior Men	0:59:15	54	12
13	1:00:19	WOODMAN, Matt		Senior Men	1:00:19	482	13
14	1:00:46	MAPP, Nick		Senior Men	1:00:46	466	14
15	1:01:09	BRAYBROOK, Colin	St Albans Striders	Vet Men 40-49	1:01:08	365	15
16	1:01:38	SWINHOE, Sarah	London Heathside	Vet Ladies 35-44	1:01:38	324	16
17	1:02:10	WRIGHT, Andrew	Gade Valley Harriers	Senior Men	1:02:07	198	17
18	1:02:14	SMITH, James	Gade Valley Harriers	Senior Men	1:02:11	383	18
19	1:02:23	HUME, Neil		Senior Men	1:02:20	238	19
20	1:02:24	MILLS, Shaun	Campus 7	Vet Men 40-49	1:02:21	57	20
21	1:02:25	OLKENDEN, John	St Albans Striders	Senior Men	1:02:24	449	21
22	1:02:26	LIGHTFOOT, Alan		Vet Men 40-49	1:02:24	439	22
23	1:02:30	CASSERLEY, Robert	Garden City Runners	Senior Men	1:02:29	472	23
24	1:02:41	ELLERBY, Vince	Gade Valley Harriers	Vet Men 40-49	1:02:40	390	24
25	1:02:45	FISHER, Jamie	Harpenden Aro Runners	Senior Men	1:02:44	436	25
26	1:02:53	REDDAWAY, Paul	Broxbourne Runners	Vet Men 40-49	1:02:50	228	26
27	1:02:58	BERRY, Stuart	Dunstable RR	Vet Men 40-49	1:02:55	176	27
28	1:03:08	PIDDUCK, Mark	Garden City Runners	Senior Men	1:03:07	413	28
29	1:03:31	RUSSELL, Mike	FVSTri	Vet Men 50-59	1:03:30	328	29
30	1:03:38	GRIFFITHS, Paul	Harpenden Aro Runners	Senior Men	1:03:37	290	30
31	1:03:58	BOWES, Christopher		Vet Men 50-59	1:03:56	139	31
32	1:04:17	BOYD, Steven	Gade Valley Harriers	Vet Men 40-49	1:04:14	447	32
33	1:04:18	TRIGWELL, Stuart		Senior Men	1:04:13	509	33
34	1:04:21	DAVERN, Martin		Vet Men 40-49	1:04:11	458	34
35	1:04:26	ADKINS, Peter		Senior Men	1:04:23	443	35
36	1:04:31	HARRIS, Benjamin	Fairlands Valley Spartans	Senior Men	1:04:29	284	36
37	1:04:33	TENNANT, John	Harlow Running Club	Vet Men 50-59	1:04:30	230	37
38	1:04:33	HINER, Karl	Riverside Runners	Vet Men 40-49	1:04:27	486	38
39	1:04:35	TREMAINE, Robin	London Heathside	Vet Men 50-59	1:04:34	118	39
40	1:04:45	HAYNES, Kevin	Trent Park Running Club	Senior Men	1:04:43	217	40
41	1:05:02	FAULKS, Gareth		Senior Men	1:04:48	204	41
42	1:05:02	BATCHELOR, Simon		Senior Men	1:04:58	331	42
43	1:05:14	MORRIS, Garth	Ware Joggers	Vet Men 40-49	1:05:11	257	43
44	1:05:19	GUY, Paul	Garden City Runners	Senior Men	1:05:18	25	44
45	1:05:24	BEDFORD, James	FVSTri	Vet Men 40-49	1:05:22	411	45
46	1:05:25	MENTERN, Jason	Ware Joggers	Senior Men	1:05:18	302	46
47	1:05:49	STEVENS, Amy		Senior Ladies	1:05:49	164	47
48	1:05:57	COTTER, Keith		Senior Men	1:05:55	166	48
49	1:06:13	MALPELI, Nicholas	North Herts Road Runners	Vet Men 40-49	1:06:10	199	49
50	1:06:27	NEILL, Tom	London Heathside	Senior Men	1:06:24	335	50
51	1:06:31	CARMACK, Martin		Senior Men	1:06:28	121	51
52	1:06:37	MANKTELOW, Stuart	Trent Park Running Club	Vet Men 40-49	1:06:36	148	52
53	1:06:43	SCOTT, Lee		Vet Men 40-49	1:06:42	394	53
54	1:06:51	STREET, Tim	North Herts Road Runners	Senior Men	1:06:47	362	54
55	1:06:53	METCALFE, Carlo		Senior Men	1:06:35	275	55
56	1:06:56	CHICK, Joseph		Senior Men	1:06:44	282	56
57	1:07:14	DWYER, Ross		Senior Men	1:06:55	508	57
58	1:07:15	PANTELI, Andrew	Broxbourne Runners	Vet Men 40-49	1:07:07	416	58

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Chip Time</i>	<i>Race No</i>	<i>Race Place</i>
59	1:07:23	WHITWORTH, Martin	St Albans Striders	Senior Men	1:07:21	56	59
60	1:07:27	GAWLEY, Sue		Vet Ladies 35-44	1:07:22	336	60
61	1:07:35	FROUD, Nicola	Barnet & District AC	Vet Ladies 35-44	1:07:30	153	61
62	1:07:37	NEWING, Stephen	Gade Valley Harriers	Senior Men	1:07:34	205	62
63	1:07:50	O'CONNOR, Liam	Dunstable RR	Vet Men 40-49	1:07:36	286	63
64	1:08:01	SMITHSON, Steve	Fairlands Valley Spartans	Vet Men 40-49	1:07:57	70	64
65	1:08:28	DONNELLY, Adrian	Fairlands Valley Spartans	Senior Men	1:08:23	4	65
66	1:08:34	FELL, Adrian	Harlow Running Club	Vet Men 40-49	1:08:25	393	66
67	1:08:41	OTTO, Edward	Vets AC	Vet Men 40-49	1:08:40	441	67
68	1:08:48	RENPHREY, Tom	Purple Patch Runners	Vet Men 40-49	1:08:39	253	68
69	1:08:49	JONES, Alan	North Herts Road Runners	Vet Men 50-59	1:08:42	210	69
70	1:08:53	SHEPHEARD, Andrew	St Albans Striders	Senior Men	1:08:49	489	70
71	1:08:57	LEE, Gary		Vet Men 40-49	1:08:51	154	71
72	1:08:58	ALLEN, Richard	FVSTri	Vet Men 40-49	1:08:56	58	72
73	1:09:09	WALBY, Chris	North Herts Road Runners	Vet Men 40-49	1:09:02	136	73
74	1:09:11	JOCELYN, Steve		Vet Men 40-49	1:09:02	88	74
75	1:09:22	ADAMS, Tranny	Ware Joggers	Vet Men 50-59	1:09:20	460	75
76	1:09:24	BINGHAM, Nicholas	Barnet & District AC	Vet Men 60-69	1:09:22	94	76
77	1:09:28	STEADMAN, Jon	Harlow Running Club	Senior Men	1:09:26	252	77
78	1:09:35	STUDD, Jane	Trent Park Running Club	Vet Ladies 35-44	1:09:30	371	78
79	1:10:00	PRETTY, Samantha	Fairlands Valley Spartans	Senior Ladies	1:09:57	499	79
80	1:10:05	ENGLISH, Teresa	Broxbourne Runners	Senior Ladies	1:09:56	175	80
81	1:10:12	ROSE, John	Trent Park Running Club	Vet Men 40-49	1:10:09	322	81
82	1:10:12	ALLEN, Malcolm	Trent Park Running Club	Vet Men 50-59	1:10:08	66	82
83	1:10:14	STREET, Clive		Vet Men 50-59	1:10:03	463	83
84	1:10:19	DREW, Jackie	Watford Joggers	Vet Ladies 35-44	1:10:08	226	84
85	1:10:32	SIDLIN, Richard	Fairlands Valley Spartans	Vet Men 40-49	1:10:31	75	85
86	1:10:35	BLAMIRE-BROWN, Heather	St Albans Striders	Senior Ladies	1:10:34	421	86
87	1:10:45	THOMAS, Geraint		Senior Men	1:10:43	254	87
88	1:10:50	HATTERSLEY, John	St Albans Striders	Vet Men 50-59	1:10:48	481	88
89	1:10:54	MANN, Andrea	Garden City Runners	Vet Ladies 35-44	1:10:47	370	89
90	1:11:02	THOMAS, Grahame	Harlow Running Club	Vet Men 40-49	1:10:54	241	90
91	1:11:08	LAFFERTY, Clive		Senior Men	1:10:59	464	91
92	1:11:27	BURTON, Gareth		Vet Men 40-49	1:11:23	452	92
93	1:11:31	HOYLE, Helen	Barnet & District AC	Vet Ladies 35-44	1:11:26	246	93
94	1:11:34	SCOTT, Paul		Senior Men	1:11:28	339	94
95	1:11:58	BROWN, Jim	Fairlands Valley Spartans	Vet Men 50-59	1:11:54	191	95
96	1:11:59	BRESLIN, David	Sandhurst Joggers	Vet Men 40-49	1:11:57	318	96
97	1:12:01	CRAWLEY, Victoria	Gade Valley Harriers	Senior Ladies	1:11:56	479	97
98	1:12:04	DEVITT, Russell	Shaftesbury Barnet Harriers AC	Vet Men 60-69	1:11:59	245	98
99	1:12:11	WHITELEGG, Jack		Senior Men	1:12:01	337	99
100	1:12:12	BISHOP, Nick		Senior Men	1:12:02	338	100
101	1:12:17	BARTLETT, Stephen		Vet Men 40-49	1:12:15	375	101
102	1:12:18	SIMMON, Iain		Vet Men 40-49	1:12:07	144	102
103	1:12:21	SMITH, Peter	St Albans Striders	Vet Men 50-59	1:12:08	3	103
104	1:12:40	TAYLOR, Les	Ware Joggers	Vet Men 40-49	1:12:26	285	104
105	1:12:43	HUGHES, Trevor		Vet Men 50-59	1:12:39	2	105
106	1:12:49	FINDLAY, Celia	David Lloyd Pacers	Vet Ladies 45-54	1:12:38	201	106
107	1:12:51	BENTLEY, Adrian	St Albans Striders	Vet Men 50-59	1:12:46	377	107
108	1:12:55	HEWITT, Paul	Metropolitan Police	Senior Men	1:12:52	494	108
109	1:13:02	SMYTH, Kevin	Fairlands Valley Spartans	Vet Men 40-49	1:12:54	378	109
110	1:13:06	JAMES, Kerry	Fairlands Valley Spartans	Vet Ladies 35-44	1:12:48	33	110
111	1:13:13	HESSEY, Michael	Harpenden Aro Runners	Vet Men 40-49	1:13:07	410	111
112	1:13:15	WAX, Daniella		Vet Ladies 35-44	1:13:04	120	112
113	1:13:17	HAMLET, Colin	Watford Harriers	Vet Men 60-69	1:13:12	95	113
114	1:13:18	McDONELL, Claire	Gade Valley Harriers	Vet Ladies 35-44	1:13:13	478	114
115	1:13:21	TRENKEL, Christian		Vet Men 40-49	1:13:09	474	115
116	1:13:23	FARRELL, Michael	Kent AC	Vet Men 50-59	1:13:11	356	116
117	1:13:25	HAZELDENE, Richard	Fairlands Valley Spartans	Vet Men 40-49	1:13:22	412	117
118	1:13:26	HOLE, Richard	Garden City Runners	Vet Men 50-59	1:13:16	178	118
119	1:13:33	MANN, Stuart	Herts Phoenix	Vet Men 60-69	1:11:05	307	119
120	1:13:41	JONES, Dionne	Harlow Running Club	Vet Ladies 35-44	1:13:35	170	120

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121	1:13:43	FAULKNER, Dave		Vet Men 50-59	1:13:38	453	121
122	1:13:46	HERRINGTON, Katie	Harlow Running Club	Senior Ladies	1:13:39	352	122
123	1:13:56	STEADMAN, Vicky	Harlow Running Club	Vet Ladies 35-44	1:13:50	247	123
124	1:13:58	HOWLAND, James		Senior Men	1:13:44	26	124
125	1:14:02	GEORGE, Neil		Senior Men	1:13:59	444	125
126	1:14:03	SHIRLEY, John	Barnet & District AC	Vet Men 60-69	1:13:59	263	126
127	1:14:07	BRINKLEY, Ian	Broxbourne Runners	Vet Men 40-49	1:13:58	505	127
128	1:14:13	LUCK, Jamie	Harlow Running Club	Senior Men	1:14:10	298	128
129	1:14:15	ROUTLEDGE, Alan		Vet Men 40-49	1:14:10	341	129
130	1:14:29	THOMPSON, Jason		Senior Men	1:14:07	330	130
131	1:14:42	SMART, Ian	Harpenden Aro Runners	Vet Men 40-49	1:14:38	208	131
132	1:14:42	BIRD, Mary	Garden City Runners	Senior Ladies	1:14:32	384	132
133	1:14:42	BIRD, Virginia	Garden City Runners	Vet Ladies 45-54	1:14:32	385	133
134	1:14:46	IND, Stephen	Elmbridge Road Runners	Vet Men 50-59	1:14:36	179	134
135	1:14:47	STEVENS, Mark	St Albans Striders	Senior Men	1:14:42	209	135
136	1:14:50	READ, Jeremy		Senior Men	1:14:36	493	136
137	1:14:59	VABUOLAITE, Giedre		Senior Ladies	1:14:35	173	137
138	1:15:03	CASSERLEY, Tom	Garden City Runners	Vet Men 70+	1:14:58	259	138
139	1:15:07	POTTER, Lauren	Garden City Runners	Senior Ladies	1:14:54	437	139
140	1:15:12	POSTANCE, Paul		Senior Men	1:15:07	190	140
141	1:15:51	CUNNINGHAM, Phil	Ware Joggers	Vet Men 50-59	1:15:38	69	141
142	1:15:59	SAFA-LEATHERS, Simon		Senior Men	1:15:45	501	142
143	1:16:12	CAPON, Dean	Harpenden Aro Runners	Vet Men 40-49	1:16:07	85	143
144	1:16:18	LEADBETTER, Stephen	Royal Air Force	Vet Men 50-59	1:16:15	239	144
145	1:16:21	HARVEY, Peter	Garden City Runners	Vet Men 40-49	1:16:14	113	145
146	1:16:31	INMAN, Anthony		Senior Men	1:16:05	495	146
147	1:16:41	WAGLAND, Roger		Vet Men 40-49	1:16:38	47	147
148	1:16:46	REILLY, Paul		Vet Men 40-49	1:16:37	27	148
149	1:16:57	SPINKS, Johnny	North Herts Road Runners	Vet Men 40-49	1:16:50	363	149
150	1:16:57	ABBOTT, Matt		Senior Men	1:16:34	428	150
151	1:16:57	CULLEN, Martin	Trent Park Running Club	Vet Men 40-49	1:16:50	403	151
152	1:17:05	BYRNE, Dave	Barnet & District AC	Vet Men 40-49	1:16:57	149	152
153	1:17:09	WEIGHTMAN, Rob		Senior Men	1:16:50	244	153
154	1:17:10	MITCHELL, Mark		Vet Men 40-49	1:16:56	361	154
155	1:17:17	HAMILTON, Anthony	Barnet & District AC	Vet Men 60-69	1:17:09	145	155
156	1:17:27	JONES, Michael	Trent Park Running Club	Vet Men 40-49	1:17:09	156	156
157	1:17:27	PEZ, Tracy	Fairlands Valley Spartans	Vet Ladies 35-44	1:17:09	119	157
158	1:17:32	CALCUTT, Colin	North Herts Road Runners	Vet Men 40-49	1:17:21	86	158
159	1:17:38	TAYLOR, Chas	Trent Park Running Club	Vet Men 60-69	1:17:32	116	159
160	1:17:42	GOODWIN, Mark	Fairlands Valley Spartans	Vet Men 50-59	1:17:31	143	160
161	1:17:52	SHELDON, Steven		Senior Men	1:17:40	103	161
162	1:18:21	HUDSON, Timothy		Senior Men	1:18:13	150	162
163	1:18:26	McCOLGAN, Martin		Vet Men 50-59	1:18:19	213	163
164	1:18:34	NORRISH, Dominic		Senior Men	1:18:08	326	164
165	1:18:35	McLEOD, Amy	Runnymede Runners	Senior Ladies	1:18:18	158	165
166	1:18:39	CRAFT, Moira	David Lloyd Pacers	Vet Ladies 35-44	1:18:28	470	166
167	1:18:42	SHUTTLEWORTH, Karen		Vet Ladies 35-44	1:18:27	183	167
168	1:18:49	McNICHOLAS, Michael		Senior Men	1:18:32	346	168
169	1:18:55	BEASLEY, David	Herts Phoenix	Vet Men 60-69	1:18:47	100	169
170	1:18:56	CORBETT, Ian		Senior Men	1:18:33	424	170
171	1:19:18	TAKANO, Hideo	Dorking & Mole Valley	Vet Men 40-49	1:19:02	64	171
172	1:19:22	WILKINSON, Martin		Vet Men 40-49	1:19:01	388	172
173	1:19:26	JONES, Lynn	Trent Park Running Club	Vet Ladies 45-54	1:19:08	155	173
174	1:19:28	MANWARING, Thomas		Senior Men	1:19:16	367	174
175	1:19:30	LITTLE, Colin		Vet Men 40-49	1:19:11	389	175
176	1:19:31	STATHAM, Gary		Senior Men	1:19:08	407	176
177	1:19:31	KING, Colin		Senior Men	1:19:08	406	177
178	1:19:33	LENDON, Angela		Senior Ladies	1:19:28	73	178
179	1:19:41	LEWIS, Richard		Senior Men	1:17:55	130	179
180	1:19:47	WELLS, Robin		Vet Men 40-49	1:19:30	202	180
181	1:20:03	DOHERTY, Gerry		Senior Men	1:19:52	358	181
182	1:20:13	HAMILTON, Peter		Senior Men	1:20:02	71	182

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183	1:20:25	PAYNE, Jamie		Vet Men 40-49	1:20:00	510	183
184	1:20:26	KNIGHT, Andy		Senior Men	1:20:09	251	184
185	1:20:32	MATTHEWS, Jo	Garden City Runners	Vet Ladies 35-44	1:20:19	438	185
186	1:20:35	ROGERS, Peter	St Albans Striders	Vet Men 40-49	1:20:21	461	186
187	1:20:35	SHERWIN, Mark		Vet Men 40-49	1:20:26	340	187
188	1:20:51	HUNT, Barry		Vet Men 60-69	1:20:40	476	188
189	1:20:53	PANAYIOTOU, Vicky		Senior Ladies	1:20:36	435	189
190	1:21:00	RUSSELL, Adrian		Vet Men 40-49	1:20:54	345	190
191	1:21:04	RANSOM, Carol	St Albans Striders	Vet Ladies 35-44	1:20:53	255	191
192	1:21:05	POWELL, Lloyd		Senior Men	1:20:48	115	192
193	1:21:14	HOPWOOD, Alison	Fairlands Valley Spartans	Vet Ladies 35-44	1:20:56	184	193
194	1:21:18	HUGHES, Pete	Trent Park Running Club	Vet Men 50-59	1:21:11	281	194
195	1:21:20	MAXWELL, Scott		Senior Men	1:21:11	382	195
196	1:21:35	KANE, Stephen		Vet Men 40-49	1:21:11	108	196
197	1:21:40	LLEWELLYN, Dave		Vet Men 40-49	1:21:22	457	197
198	1:21:41	O'HARE, Melissa	Trent Park Running Club	Vet Ladies 35-44	1:21:36	123	198
199	1:21:43	GOLDFINCH, Peter	Trent Park Running Club	Vet Men 50-59	1:21:36	43	199
200	1:21:45	RADHAKRISHNAN, Gautham		Senior Men	1:21:42	462	200
201	1:21:56	CLARKE, John	Barnet & District AC	Vet Men 50-59	1:21:51	12	201
202	1:21:59	SHORT, Virginia	David Lloyd Pacers	Vet Ladies 35-44	1:21:46	471	202
203	1:22:07	SILVERMAN, Claudene		Vet Ladies 35-44	1:21:56	387	203
204	1:22:09	LENNON, Chris	Royston Runners	Senior Men	1:22:00	364	204
205	1:22:15	LITTLE, Kim		Vet Men 40-49	1:21:55	391	205
206	1:22:21	PUGH, Tess		Vet Ladies 35-44	1:22:08	50	206
207	1:22:25	PLUMLEY, Helen		Vet Ladies 35-44	1:22:18	468	207
208	1:22:25	HARPER, Graham	Harpenden Aro Runners	Vet Men 50-59	1:22:17	344	208
209	1:22:45	FORROW, Duncan		Senior Men	1:22:36	288	209
210	1:22:52	DOLLMAN, Peter	Dacorum & Tring	Vet Men 50-59	1:22:38	289	210
211	1:22:56	WILLIAMS, Kate	Watford Joggers	Senior Ladies	1:22:50	177	211
212	1:22:58	AITKEN, Clive	Broxbourne Runners	Senior Men	1:22:39	504	212
213	1:22:59	STATON, Nicola	Barnet & District AC	Vet Ladies 45-54	1:22:49	429	213
214	1:22:59	MAGGS, Nicola	Barnet & District AC	Vet Ladies 35-44	1:22:49	181	214
215	1:23:00	BROOKS, Paul	Luton AC	Vet Men 40-49	1:22:39	507	215
216	1:23:06	DUMBRILL, Sarah	Harpenden Aro Runners	Senior Ladies	1:22:59	280	216
217	1:23:06	BOWLER, Darryl	Barnet & District AC	Senior Men	1:22:58	182	217
218	1:23:13	MARTIN, Jim	Harlow Running Club	Vet Men 40-49	1:23:03	475	218
219	1:23:16	DE NAEYER, Dave		Vet Men 40-49	1:23:04	287	219
220	1:23:18	SUGG, Paul		Senior Men	1:23:12	16	220
221	1:23:27	STUBBINS, David	Bedford & County AC	Vet Men 60-69	1:23:20	296	221
222	1:23:29	LARMAN, Ian	Fairlands Valley Spartans	Vet Men 50-59	1:23:29	171	222
223	1:23:32	PAUL, Robert		Senior Men	1:23:04	491	223
224	1:23:36	SMYTH, Ben		Senior Men	1:23:29	379	224
225	1:23:37	NEWTON, Ronald	Harlow Running Club	Vet Men 50-59	1:23:27	229	225
226	1:23:42	REED, Ian		Senior Men	1:23:32	167	226
227	1:23:47	BROWNE, Tony	Ware Joggers	Vet Men 50-59	1:23:32	260	227
228	1:23:55	WARREN, John		Vet Men 60-69	1:23:42	89	228
229	1:23:57	DIXON, Rachel		Senior Ladies	1:23:40	323	229
230	1:24:04	BENSTED, Duncan	Trent Park Running Club	Vet Men 40-49	1:23:56	309	230
231	1:24:08	CROSS, Sue		Vet Ladies 45-54	1:23:58	321	231
232	1:24:09	STUART, Ballard	Ware Joggers	Vet Men 40-49	1:23:55	488	232
233	1:24:13	WALKER, Chris		Vet Men 40-49	1:23:55	304	233
234	1:24:13	CROOK, Tony	Barnet & District AC	Vet Men 40-49	1:24:07	11	234
235	1:24:17	BENSON, Vanessa		Vet Ladies 35-44	1:24:04	292	235
236	1:24:21	BENSON, Richard		Vet Men 40-49	1:23:49	293	236
237	1:24:24	PLATT, Steve	Trail Running Association	Vet Men 50-59	1:23:59	395	237
238	1:24:35	IND, Katherine	Elmbridge Road Runners	Vet Ladies 55-64	1:24:23	180	238
239	1:24:43	WARREN, Wayne		Vet Men 50-59	1:24:31	498	239
240	1:24:49	SAGE, Terry		Vet Men 60-69	1:24:36	83	240
241	1:24:50	TURRELL, Jeff		Vet Men 50-59	1:24:33	200	241
242	1:24:52	CLAYDON, Nicky	Watford Joggers	Vet Ladies 35-44	1:24:46	189	242
243	1:24:54	PRICE, Tim		Vet Men 40-49	1:24:50	101	243
244	1:25:03	SHAW, John		Vet Men 50-59	1:24:45	132	244

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Chip Time</i>	<i>Race No</i>	<i>Race Place</i>
245	1:25:05	GORDON, Claire	Witham RC	Vet Ladies 35-44	1:24:50	98	245
246	1:25:10	WILENCZYC, Stefan		Vet Men 50-59	1:24:57	274	246
247	1:25:12	THAKE, James		Senior Men	1:24:57	455	247
248	1:25:29	FELL, Adam		Senior Men	1:25:13	172	248
249	1:25:37	CLIFTON-DEY, Lorna	Harpenden Aro Runners	Vet Ladies 35-44	1:25:29	38	249
250	1:25:45	CUTTING, Dawn		Vet Ladies 35-44	1:25:26	243	250
251	1:25:53	ROGERSON, Sarah		Senior Ladies	1:25:43	112	251
252	1:25:54	HARRIS, Heather	David Lloyd Pacers	NDB	1:25:34	500	252
253	1:26:03	BYRON COOPER, Steve		Vet Men 50-59	1:25:56	269	253
254	1:26:17	NICHOLLS, Barrie John	Dulwich Runners	Vet Men 50-59	1:25:55	373	254
255	1:26:21	INGRAM, Stephen	Wootton Road Runners	Senior Men	1:26:01	235	255
256	1:26:24	ALLEN, Lynn	FVSTri	Vet Ladies 35-44	1:26:14	59	256
257	1:26:30	MAYBURY, James		Senior Men	1:26:23	206	257
258	1:26:30	SHAW, Diane	Royston Runners	Vet Ladies 35-44	1:26:21	218	258
259	1:26:33	GALLAGHER, Paul		Vet Men 40-49	1:26:18	480	259
260	1:26:39	REYNOLDS, Peter		Vet Men 50-59	1:26:24	185	260
261	1:26:43	ANNABLE, Lindsey	Dulwich Runners	Vet Ladies 35-44	1:26:21	372	261
262	1:26:45	GUTTERIDGE, Paula		Vet Ladies 35-44	1:26:32	392	262
263	1:26:48	PATERSON, Alan		Vet Men 40-49	1:26:32	212	263
264	1:27:25	BAILEY, Tom		Senior Men	1:27:11	426	264
265	1:27:30	DODD, John		Vet Men 50-59	1:27:06	484	265
266	1:27:31	PARRETT, Christina	Stopsley Striders	Senior Ladies	1:27:23	350	266
267	1:27:35	TAYLOR, Mitchell		Vet Men 50-59	1:27:22	456	267
268	1:27:39	JEFFREY-READ, Paul		Senior Men	1:27:19	283	268
269	1:27:43	WHITING, Richard	Herts Phoenix	Vet Men 50-59	1:27:21	133	269
270	1:27:46	JACKSON, Elaine		Senior Ladies	1:27:31	414	270
271	1:27:46	SMART, Ian		Vet Men 40-49	1:27:30	490	271
272	1:27:48	MALONE, Colin		Vet Men 50-59	1:27:43	214	272
273	1:27:50	FORDHAM, David		Vet Men 50-59	1:27:30	294	273
274	1:27:53	CURRAN, Martin		Vet Men 60-69	1:27:33	314	274
275	1:27:54	TENNANT, Ed		Senior Men	1:27:31	430	275
276	1:27:55	GRIFFIN, Vanessa	Harpenden Aro Runners	Vet Ladies 35-44	1:27:48	134	276
277	1:27:57	HICKWER, Geoff		Vet Men 50-59	1:27:52	503	277
278	1:27:59	CRAWFORD, Anne	Ware Joggers	Vet Ladies 35-44	1:27:50	380	278
279	1:28:01	HESKIN, Paul		Senior Men	1:27:40	359	279
280	1:28:02	RUDELL, Stephen		Vet Men 40-49	1:27:43	249	280
281	1:28:12	OSGOOD, Paul		Vet Men 40-49	1:28:07	42	281
282	1:28:14	POWELL, Linda	St Albans Striders	Vet Ladies 35-44	1:28:12	163	282
283	1:28:15	KOJCINOVIC, Philip		Vet Men 40-49	1:28:06	397	283
284	1:28:25	PREECE, Sion		Senior Men	1:28:09	419	284
285	1:28:25	REECE, Kevin		Senior Men	1:28:10	125	285
286	1:28:26	KAVANAGH, James		Senior Men	1:28:14	96	286
287	1:28:26	PETERS, Lindsey		Vet Ladies 45-54	1:28:10	316	287
288	1:28:36	BARNETT, Graham	Barnet & District AC	Vet Men 50-59	1:28:24	366	288
289	1:28:44	HUDSON, Phil	Ware Joggers	Vet Men 50-59	1:28:30	485	289
290	1:28:51	NORMAN, Sheryl	St Albans Striders	Vet Ladies 45-54	1:28:40	162	290
291	1:28:52	REILLY, Siobhan		Vet Ladies 35-44	1:28:36	81	291
292	1:29:07	BILLINGTON, William	Bedford Harriers	Vet Men 70+	1:28:49	225	292
293	1:29:10	JENNINGS, Samantha		Vet Ladies 35-44	1:29:06	102	293
294	1:29:22	ALVES, Paula		Vet Ladies 35-44	1:29:05	465	294
295	1:29:36	CARDLAN, Paul		Vet Men 40-49	1:29:21	451	295
296	1:29:37	TURPIN, David		Vet Men 50-59	1:29:22	450	296
297	1:29:38	CROWLEY, Sharon	Fairlands Valley Spartans	Vet Ladies 45-54	1:29:20	301	297
298	1:29:49	LIVINGS, Richard		Senior Men	1:29:24	248	298
299	1:29:51	NEWING, Andy	Gade Valley Harriers	Vet Men 40-49	1:29:46	467	299
300	1:30:08	HARWOOD, James		Senior Men	1:29:45	106	300
301	1:30:12	AYLOTT, Paul		Senior Men	1:29:49	13	301
302	1:30:22	CHURCHILL, Carly	Barnet & District AC	Senior Ladies	1:30:01	459	302
303	1:30:28	LYDON, Carole	Ampthill & Flitwick Flyers	Vet Ladies 55-64	1:30:12	68	303
304	1:30:32	WILLIAMSON, Grant		Vet Men 40-49	1:30:19	29	304
305	1:30:38	WILLIAMS, Tim	Edmonton Running Club	Vet Men 50-59	1:30:29	398	305
306	1:30:39	MURPHY, Kieran		Senior Men	1:30:25	431	306

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Chip Time	Race No	Race Place
307	1:30:49	AUSTIN, Gary		Vet Men 50-59	1:30:34	502	307
308	1:31:00	WESSON, David		NDB	1:30:51	111	308
309	1:31:02	LEVINSON, Tom		Senior Men	1:30:34	496	309
310	1:31:07	BECERRA, Guillermo		Senior Men	1:30:39	91	310
311	1:31:09	KLOSS, Burkhard		Senior Men	1:30:51	135	311
312	1:31:13	LEVINSON, Steve		Vet Men 60-69	1:30:45	90	312
313	1:31:17	ROBINSON, Tom		Senior Men	1:30:53	277	313
314	1:31:26	MACNIVEN, Philip		Vet Men 70+	1:31:03	261	314
315	1:31:34	MOSS, Jane	Trent Park Running Club	Vet Ladies 35-44	1:31:13	348	315
316	1:31:46	BESSER, Joanne		Senior Ladies	1:30:23	131	316
317	1:31:53	DULAKE, Terrance		Vet Men 60-69	1:31:41	483	317
318	1:31:59	DODSWORTH, Elizabeth		Vet Ladies 55-64	1:31:48	215	318
319	1:32:05	HUGHES, Peter	Watford Harriers	Vet Men 70+	1:31:45	369	319
320	1:32:27	PLUMLEY, Barry		Vet Men 40-49	1:32:21	469	320
321	1:32:33	BONE, Lawrence		Vet Men 50-59	1:32:28	37	321
322	1:32:33	TAFT, Louise		Senior Ladies	1:32:11	21	322
323	1:32:41	EDWARDS, Kim		Senior Ladies	1:32:24	157	323
324	1:32:47	O'REILLY, Sean		Vet Men 50-59	1:32:26	417	324
325	1:32:48	LEVINSON, Jemma		Senior Ladies	1:32:20	92	325
326	1:32:58	PRITCHARD, Ian		Vet Men 60-69	1:32:50	297	326
327	1:32:58	BAINS, Kuljit		Senior Ladies	1:32:44	487	327
328	1:33:06	GODFREY, Annette	Harpenden Aro Runners	Vet Ladies 45-54	1:32:56	347	328
329	1:33:06	SEWELL, Stephen		Senior Men	1:32:54	140	329
330	1:33:06	RUSSELL, Jillian	Harpenden Aro Runners	Vet Ladies 35-44	1:32:55	24	330
331	1:33:19	GUILD, Wendy	Trent Park Running Club	Vet Ladies 45-54	1:33:13	440	331
332	1:33:36	GALLAGHER, Patrick	Garden City Runners	NDB	1:33:35	267	332
333	1:33:37	SPRING, Wendy	Harlow Running Club	Vet Ladies 35-44	1:33:29	147	333
334	1:33:40	KING, Nikki	Ware Joggers	Senior Ladies	1:33:25	396	334
335	1:33:48	LOVELL, Jeremy		Vet Men 40-49	1:33:45	386	335
336	1:33:50	CLARK, Dawn		NDB	1:33:33	473	336
337	1:33:52	DEAN, Kerry		Vet Ladies 35-44	1:33:33	46	337
338	1:34:04	GILROY, Nicholas		Vet Men 50-59	1:33:42	169	338
339	1:34:05	MARISCAL, Claire		Senior Ladies	1:33:42	312	339
340	1:34:06	GOLDING, Anne		Vet Ladies 45-54	1:33:53	84	340
341	1:34:06	CURTIS, Robert	Dunstable RR	Vet Men 40-49	1:33:53	104	341
342	1:34:12	DE LA BERTAUCHE, Rosamond		Vet Ladies 55-64	1:34:02	408	342
343	1:34:15	MARSH, Kevin	Harlow Running Club	Vet Men 50-59	1:34:02	409	343
344	1:34:23	BROWN, Jacqueline		Vet Ladies 35-44	1:34:08	109	344
345	1:34:38	TOOKEY, Clare		Senior Ladies	1:34:17	272	345
346	1:34:40	TAIWO, Ayo		Senior Men	1:34:27	506	346
347	1:34:59	WAKELING, Maureen	Bishop's Stortford RC	Vet Ladies 45-54	1:34:42	342	347
348	1:34:59	BUNNAGE, Karen		Vet Ladies 35-44	1:34:40	448	348
349	1:35:03	THORNALLEY, Derry		Vet Men 40-49	1:34:41	234	349
350	1:35:03	GORDON, Susan		Vet Ladies 45-54	1:34:40	233	350
351	1:35:14	DODSWORTH, Lona		Vet Ladies 35-44	1:35:02	220	351
352	1:35:15	ZEISENISS, Guy		Vet Men 40-49	1:35:04	497	352
353	1:35:28	TOZE, Harold	Bishop's Stortford RC	Vet Men 60-69	1:35:12	242	353
354	1:35:29	GLOVER, Brian	Barnet & District AC	Vet Men 70+	1:35:18	310	354
355	1:35:31	MANWARING, Andrew	Fairlands Valley Spartans	Vet Men 50-59	1:35:19	368	355
356	1:35:33	WRIGHT, Natalie		Senior Ladies	1:35:24	1	356
357	1:35:35	SHERGOLD, Robert		Senior Men	1:35:16	446	357
358	1:35:40	SEATON, Tim		Senior Men	1:35:38	138	358
359	1:35:56	ONSTENK, Maxine	Odyssey	Vet Ladies 35-44	1:35:36	268	359
360	1:36:14	HOWES, David	Harlow Running Club	Vet Men 50-59	1:36:00	256	360
361	1:36:30	GOODWIN, Julie	Fairlands Valley Spartans	Vet Ladies 45-54	1:36:13	142	361
362	1:36:36	NIMMO, Louise		Vet Ladies 35-44	1:36:15	211	362
363	1:36:36	BOWDEN, Sarah		Senior Ladies	1:36:15	195	363
364	1:36:57	SHIRLEY, Maureen	Barnet & District AC	Vet Ladies 55-64	1:36:46	262	364
365	1:36:57	BOULTON, Norman	UKNetrunner	Vet Men 40-49	1:36:32	270	365
366	1:37:05	DIGBY, Gayle		Senior Ladies	1:36:39	327	366
367	1:37:06	POWELL, Helen		Vet Ladies 35-44	1:36:49	114	367
368	1:37:20	WESTGATE, Jackie	Harlow Running Club	Vet Ladies 35-44	1:37:07	295	368

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Chip Time</i>	<i>Race No</i>	<i>Race Place</i>
369	1:38:15	MODAHER, Jasvir Singh	British Airways	Vet Men 50-59	1:38:00	152	369
370	1:38:21	ROLSTON, Vicki	Rosemanry Colney Running Group	Vet Ladies 35-44	1:38:05	93	370
371	1:38:25	WRIGHT, Nick		Vet Men 50-59	1:38:11	432	371
372	1:38:34	BULMER, Felicity		Senior Ladies	1:38:13	271	372
373	1:38:51	KANE, Karla		Senior Ladies	1:38:27	343	373
374	1:38:58	PETTIT, Jodi		Senior Ladies	1:38:40	492	374
375	1:39:02	BLACKLER, Ernest	Barnet & District AC	Vet Men 70+	1:38:52	227	375
376	1:39:40	COYLE, Vanessa		Senior Ladies	1:39:20	30	376
377	1:40:16	OWENS, Nick		Vet Men 40-49	1:39:50	278	377
378	1:40:30	CORBETT, Clodagh		Senior Ladies	1:40:18	291	378
379	1:41:56	DIXON, Martin		Vet Men 50-59	1:41:52	399	379
380	1:42:14	DOWDEN, Madiria		Vet Ladies 35-44	1:41:51	219	380
381	1:42:25	BROWN, Paul		Vet Men 40-49	1:42:09	161	381
382	1:42:36	OZMEN, Jo-Anne		Vet Ladies 35-44	1:42:20	333	382
383	1:42:51	JONES, Duncan		Vet Men 50-59	1:42:41	188	383
384	1:43:01	WISE, Paula		Vet Ladies 45-54	1:42:46	62	384
385	1:43:04	SMITH, Karen	Watford Joggers	Vet Ladies 35-44	1:42:47	159	385
386	1:43:19	O'REILLY, Bernadette		Vet Ladies 45-54	1:43:00	418	386
387	1:43:57	DILLON, Eddie	Watford Joggers	Vet Men 60-69	1:43:53	320	387
388	1:44:07	ETHERDEN, John		Vet Men 60-69	1:43:51	425	388
389	1:44:39	PANKHANIA, Meera		Senior Ladies	1:44:17	332	389
390	1:44:39	NEWBITT, Chris	Fairlands Valley Spartans	Senior Men	1:44:17	376	390
391	1:44:44	HICKTON, Luke		Senior Men	1:44:29	160	391
392	1:47:08	LUCK, Ronald	Harlow Running Club	Vet Men 50-59	1:47:05	299	392
393	1:47:09	RIMELL, Michael		Vet Men 40-49	1:47:02	44	393
394	1:47:47	BEIGHTON, Nick		Vet Men 40-49	1:47:38	402	394
395	1:48:14	PAGE, Joanne		Senior Ladies	1:48:07	45	395
396	1:48:46	DRAKE, Trevor		Vet Men 50-59	1:48:21	276	396
397	1:49:01	NASH, Andrew		Senior Men	1:48:46	237	397
398	1:49:08	TAYLOR, Caroline		Vet Ladies 35-44	1:48:49	17	398
399	1:49:12	HART, Rebecca		Vet Ladies 35-44	1:48:52	34	399
400	1:49:13	JAMES, Robert		Vet Men 40-49	1:48:55	82	400
401	1:49:39	TORRE, Peter	Vets AC	Vet Men 60-69	1:49:20	300	401
402	1:50:04	ODDIE, Elaine	Road Runners Club	Vet Ladies 45-54	1:49:41	67	402
403	1:50:20	CAYFORD, Robb		Senior Men	1:50:11	193	403
404	1:51:03	NEWCOMBE, Matt		Senior Men	1:50:36	10	404
405	1:51:40	VON ARX, Valerie	Amptill & Flitwick Flyers	Vet Ladies 45-54	1:51:24	422	405
406	1:52:11	EYLES, William	Southern Counties Vets AC	Vet Men 70+	1:51:49	357	406
407	1:52:42	WILSON, Neil		Senior Men	1:52:16	279	407
408	1:53:39	WARRINGTON, Paula	West End Runners	Vet Ladies 35-44	1:53:12	9	408
409	1:56:36	VEINGARD, Tanya		Vet Ladies 35-44	1:56:15	353	409
410	1:56:39	SLAUENWHITE, Paula		Vet Ladies 35-44	1:56:16	76	410
411	1:57:57	HOYLE, Raymond	Watford Harriers	Vet Men 60-69	1:57:36	445	411
412	1:58:11	COPELAND, Alison		Vet Ladies 35-44	1:57:51	354	412
413	1:58:30	WOOD, Michael		Vet Men 40-49	1:58:10	317	413
414	1:58:31	WYETH, Susannah		Senior Ladies	1:58:15	168	414
415	2:00:09	WARRINGTON, Lisa		Vet Ladies 35-44	1:59:42	105	415

There were 415 finishers in the All Competitors category.