

CLAYGATE COUNTRY FIVE

Sunday 12 July 2009

Please enter me in the Claygate Country Five Run. I am medically fit and fully understand that I enter at my own risk and that the organisers (or their members or agents) will be in no way held responsible for any injury during, or as a result of, the event, or for any property lost on the course or in the start/finish area. If under 16, I have the permission of my parents to take part.

Signed

Name (in capitals)

Address.....

.....Postcode

Home phone..... Mobile

Email.....

Male Female

Date of Birth (dd/mm/yyyy)

Running Club (if applicable)

Tick if resident of Elmbridge BC

Family Section

If entering, please complete below and submit an entry form for each runner

Father/Son Father/Daughter Mother/Son Mother/Daughter

Partner's Name

Team Name (Max 15 characters)

Claygate Royals F.C. Tick if entering as a member of this club

Entry Fees

Adults £10 (£8 before 6 July). Juniors (under 16 on 12th July 2009) £5 (£4 before 6 July). Cheques payable to Claygate Flower Show Society

Entries

By post to: Claygate Country Five, Sport Systems Ltd, Regency House, 61 Walton Street, Walton-on-the-Hill, Surrey KT20 7RZ; or

On-line to: www.claygatecountryfive.co.uk and follow instructions

A list of entrants can be viewed at www.sportssystem.net/claygatecountryfive

On day of the race at Recreation Ground, Claygate 9.00 - 10.15 am